

Paul McCartney
A ONCE IN A LIFETIME EVENT!
PAUL MCCARTNEY
HALIFAX COMMON
JULY 11, 2009
Tickets On Sale Now:
Halifax Metro Centre Box Office
Participating Atlantic Superstores
By Phone: 902.451.1221
Online: www.ticketatlantic.com

The world's largest global newspaper

metro

HALIFAX • TUESDAY, JUNE 30, 2009

metronews **CFL**

Sports pg 12,13
Metro's CFL season preview kicks off

District 6 election arriving Sept. 19?

POLITICS The election for the vacant council seat for District 6 East Dartmouth-The Lakes could be happening in mid-September.

A report on when the election should happen is being tabled tonight at Halifax Regional Council, with the recommendation being for Saturday, Sept. 19. The report also recommended advanced polling dates for Saturday, Sept. 12, and Tuesday, Sept. 15. District 6 became vacant when Andrew Younger won the riding of Dartmouth East for the Liberals in the Nova Scotia general election.

METRO HALIFAX

CanadaDay

- Plaskett to mark Canada Day, pg 5
- Events around HRM, pg 5
- Lawrence Martin's National Report, pg 9
- Word on the street, pg 9
- Josey Vogels, pg 23

Sunny Side

Follow Metro's SunnySide initiative as we help you find the good news around Halifax and Canada.

On metronews.ca
• Share your SunnySide thoughts on Twitter

Metro

Metro will not publish Canada Day, Wednesday, July 1. The next edition will appear Thursday.



A police officer and dog search for evidence following reports of a shooting on Lakecrest Drive in Dartmouth yesterday afternoon. A man was taken to the hospital with non-life-threatening injuries after he was either pushed from a car or jumped out of the vehicle.

Shooting victim survives

PAUL MCLEOD
paul.mcleod@metronews.ca

CRIME A man was reportedly kicked out of a vehicle and shot at yesterday afternoon in Dartmouth.

At 4 p.m. Halifax Regional Police received a report of a young man being kicked out of a grey vehicle by the driver on Lakecrest Road near the intersection of Major Road. The driver then reportedly fired at least one shot at the victim, but missed.

The victim was injured, but not due to a gunshot. Police said he was taken to the Dartmouth General Hospital with a leg injury. As of early last evening police weren't sure if the man had been pushed out of the vehicle or jumped out on his own.

"How he came to get out of that vehicle is still part of the investigation. And then the vehicle turned around and a shot was fired on him," said Halifax Regional Police spokesman Const. Brian Palmeter.

A dog team was brought into search for forensic evidence.

Police were looking for a grey car but were not yet sure of the make and model. They also didn't know if the shooting was linked to a string of other recent public shootings in the Halifax Regional Municipality.

Police interviewed witnesses at the scene in the late afternoon and were waiting to talk to the victim after he was treated in hospital.

Electoral bleeding

Voter turnout continues to decline, sets new record low

PAUL MCLEOD
paul.mcleod@metronews.ca

The 2009 provincial election is now officially historic for another reason.

A lower percentage of people came out to vote this June than in any other provincial election in the province's history.

Despite an explosion of support leading to Nova Scotia's first NDP govern-

ment, only 58 per cent of eligible votes were cast according to final figures released late last week by Elections Nova Scotia.

That's down from the previous low of 60 per cent in 2006.

"It's always distressing to see voter turnout go down," Premier Darrell Dexter said yesterday. "We're doing everything we can to try and create awareness, to increase the mechanisms by which people participate."

"I think we have to continue to stress and make government relevant to people."

More people actually voted this time (413,871) than in 2006 (404,683) but because there were more eligible voters the percentage shrunk. Dexter said the government has done

everything it can to make voting easier for people over the years, including greatly expanding opportunities to vote.

But he doesn't plan more drastic measures such as online voting because of security concerns.

The results also cast a dim light on Democracy 250. The program received just over \$10 million last year to promote voting and the democratic process across the province. All but

about \$2 million was spent.

The program was supposed to halt the erosion of voter participation that has been underway for over a decade, but the numbers continue to drop. Still, the success or failure of D250 can't be judged in voting results, Dexter said.

"It's one of those unknowns," he said. "You don't know what the participation would have been had the project not gone ahead."

Several of the lowest turnouts were in Halifax Regional Municipality, including Dartmouth North and Halifax Needham at 49 per cent each.

The NDP gained about 46,000 votes this election, for a total of 186,556. On the flip side, the Tories lost nearly 60,000 votes, falling to just over 100,000.



HAPPY BIRTHDAY CANADA! COME FOR THE PARADE, STAY FOR THE TATTOO

See the free Tattoo Canada Day Parade and then stay for the opening matinee of the Tattoo. Hours of action packed entertainment for the whole family - a great way to celebrate Canada Day. Get your tickets today!



TICKETS (902) 451-1221
www.ticketatlantic.com



Bring Your Own
Fold in a Bag Chair!

PAUL McCARTNEY IN CONCERT

HALIFAX COMMON - JULY 11, 2009

TICKETS ON SALE NOW:

TICKET ATLANTIC BOX OFFICE, PARTICIPATING ATLANTIC SUPERSTORES,
ONLINE: WWW.TICKETATLANTIC.COM

BY PHONE: 902-451-1221



a Marshall Arts Ltd. presentation



Water damage forces surgeries to be cancelled

The IWK Health Centre cancelled children's elective surgeries yesterday morning after water damage was detected in one of the pediatric operating rooms. The hospital still performed emergency surgeries, and elective women's surgeries weren't impacted. Children's elective surgeries will continue as scheduled today. **METRO HALIFAX**

3

Local



Copperfield coming to town

Illusionist David Copperfield, left, is coming to Halifax for four shows this fall at the Halifax Metro Centre. Copperfield will have two shows on both Nov. 1 and Nov. 2 at 5:30 and 8:30 p.m. Tickets for the performances titled *An Intimate Evening of Grand Illusion* go on sale Friday at 9 a.m. and range in price between \$52.50 and \$68.50, plus service charges. For tickets phone 451-1221 or visit ticketatlantic.com.

METRO HALIFAX

Green party being deregistered

Leaders take blame after party misses deadlines to file documents

PAUL MCLEOD

paul.mcleod@metronews.ca



The Green Party of Nova Scotia is in the process of being deregistered as a political party after missing several deadlines to file financial documents.

Aside from losing party status, being deregistered would put an end to public funding which the party relies on almost exclusively.

The party missed four deadlines dating back to

"It's not helpful, but I don't feel that it's a long-term setback. We can overcome this."

Ryan Watson, Green party leader

April. They failed to send Elections Nova Scotia a list of donor contributions they received and audited financial statements, as well as publicly post contributions on their website.

Such steps are mandatory according to election laws.

"They received several notices and several warn-

ings," said Elections Nova Scotia spokesman Dana Doiron.

The chief electoral officer finally sent a message to the Greens saying the deregistration process had begun. But it will likely not mean an end to the party. Party leader Ryan Watson took responsibility and vowed to

get the papers in by July.

"Through various communications and miscommunications, things just did not get filed in time," Watson said. "Then when the election rolled around our official agent became very caught up with working with our candidates."

Watson said it will ultimately be up to Elections Nova Scotia, but he's "very confident" the deregulation process will be halted once the party gets its forms in.

The Greens have received

about \$300,000 in public funding. The party received 2.3 per cent of the popular vote in the provincial election, unchanged from 2006. Watson said the financial faux pas will not greatly hurt the party.

"It's not helpful, but I don't feel that it's a long-term setback," he said. "We can overcome this."

Watson said he hopes and plans to stay on as party leader, but there is a vocal minority of Greens who "are looking for a change."

Minister's son dies from crash injuries

PHILIP CROUCHER

philip.croucher@metronews.ca



TRAGEDY The son of a rookie NDP cabinet minister has died.

Ramona Jennex's son, 21-year-old Fraser Williams, died Sunday from his injuries, suffered in a car crash June 20 in Minto, N.B.

The day before the accident, Premier Darrell Dexter named the MLA for King's South as Minister of Service Nova Scotia and Municipal Relations.

On her Facebook page late Sunday, Jennex wrote "Fraser Williams December 10, 1987 to June 28, 2009." On Saturday, Jennex wrote doctors weren't optimistic about her son's chances, but "I remain optimistic. I ask for your prayers and positive thoughts."

Dexter offered his condolences yesterday.

"I want to express my sympathy for Ramona and her family at this extremely difficult time," he said in a release.

Dexter names ministerial posts

POLITICS Premier Darrell Dexter named eight of his NDP MLAs as ministerial assistants yesterday.

Halifax Chebucto MLA Howard Epstein will be working with for the department of community services, while Halifax Citadel-Sable Island MLA Leonard Preyra is working for the office of immigration.

The other MLAs selected by Dexter were Jim Boudreau of Guysborough-Sheet Harbour (fisheries and aquaculture), Gary Burrill of Colchester-Musquodoboit Valley (house leader), Vicki Conrad of Queens (transportation and infrastructure renewal), Gary Ramey of Lunenburg West (health), Brian Skabar of Cumberland North (aboriginal affairs) and Lenore Zann of Truro-Bible Hill (tourism, culture and heritage). **METRO HALIFAX**

\$6M construction project begins at NSCC

PAUL MCLEOD

paul.mcleod@metronews.ca



MAKEOVER The Nova Scotia Community College Institute of Technology campus in north end Halifax is getting a \$6-million makeover.

Construction began yesterday on an expansion and renovation project that will include building a new library and student learning commons.

"For the first time, thanks to this project, the IT campus will have a learning commons. A place where learners can gather, study, prepare and imagine what they might do," said NSCC president Joan McArthur-Blair.

The project is scheduled to be completed by September 2010. It is jointly funded by the provincial and federal governments, with each kicking in \$3



Premier Darrell Dexter speaks at a construction launch event at the Nova Scotia Community College Institute of Technology campus in Halifax yesterday. The \$6 million expansion and renovation project should be completed in September 2010.

million.

The expansion is just one part of the \$2 billion Knowledge Infrastructure Program, an economic stimulus fund that requires provincial governments to match spending. In total NSCC will be get-

ting \$17.5 million from the fund between several projects. Premier Darrell Dexter said when everything is worked out between colleges and universities the total money flowing to Nova Scotia could be close to \$100 million.

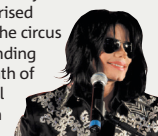
"This has been a very successful program for Nova Scotia. It's actually above the per capita funding rate," Dexter said. "It's something closer to what we've been asking for in the past, per student fund-

metronews.ca

What's online today.

Your Money Allan Small on the best investments for income growth as the market rally gains strength at metronews.ca/investing

Blogs Hollywood Rants is unsurprised about the circus surrounding the death of Michael Jackson



2009 Credit Union Atlantic Lung Run
Sunday morning, August 9th at Pier 21

I Lung Run.

Have you ever watched someone struggle for breath? Then you know why we Lung Run. Fundraise as a team or an individual, or just come for the race. Either way, all proceeds give the gift of better breathing to Nova Scotians with lung disease.

Sign up at www.lungrun.ca

5K Run/Walk 5K Nordic Walk 1.5K Youth Run



THE  LUNG ASSOCIATION™
Nova Scotia

McDonough to head Mount Saint Vincent

Ex-politico to take reins as interim president

JON TATTRIE
for Metro Halifax



Alexa McDonough is coming out of retirement to serve as interim president of Mount Saint Vincent University.

The former leader of the provincial and then federal NDP party stepped down from her Halifax riding in 2008, ending a 27-year political career. Reached at home Sunday afternoon as she was heading out to dinner with her two sons and seven grandchildren, including a one-week-old baby, McDonough said she wasn't looking for a

new career when the Mount approached her.

"I'm really looking forward to it," she said, adding she admires the ambitions and operations of MSVU. It also gives her a chance to deepen a relationship that started half a century ago: The pioneering politician danced for the nuns of Mount Saint Vincent when she was 14.



"It's not what a lot of people think of when they think of the Sisters of Charity," she laughed. As a young ballet and "character" dancer, she often was part of performances for the sisters.

McDonough, 64, served as education critic for the

Replacement

• Outgoing president Kathryn Laurin is moving back to B.C. after three years at MSVU. It will take about a year to select a permanent replacement and McDonough will act as interim president from Aug. 28, 2009 until August 2010.

federal NDP and worked at Dalhousie University before starting her career in politics. She also worked with the Women in the House program, which sent students to Ottawa to encourage women in politics. McDonough received an honorary degree from MSVU in May.

Wet Onboard or ashore



Kids head out onto the Northwest Arm during a sailing class at the Armdale Yacht Club yesterday. Today's weather forecast calls for cloudy skies again with showers or drizzle.

Thirteen robberies since Thursday keep HRP busy

PHILIP CROUCHER
philip.croucher@metronews.ca



A rash of robberies continues in the Halifax Regional Municipality.

Halifax Regional Police reported three more robberies in a 46-minute period Sunday night. That makes 13 robberies reported since Thursday. Police have laid charges in seven of the incidents, including six towards one person for robberies and attempted robbery in the Quinpool Road area.

The first robbery Sunday night occurred at 11:16 p.m. when a man went to the Spring Garden Road and Robie Street area for an arranged email sale of his

iPod. Police say two white males came, demanded and received personal items before running away. The victim wasn't injured. Police say the suspects claimed to have a knife but it wasn't seen.

Ten minutes later on the 100 block of Ernest Avenue in Halifax, police say two black males entered a house, tied up the victim and stole a game cube and a computer. The victim wasn't injured.

Finally at 12:12 a.m., police say two white males stole a vehicle in the 100 block of Chipstone Close, but were involved in an accident leaving the parking lot. The vehicle's owner came out and was assaulted, police said. There were no injuries.

Surgeon testifies at court martial

MILITARY Retired Cmdr. Dennis Filips, a trauma surgeon, testified as an expert witness yesterday at the Cpl. Matthew Wilcox court martial in Sydney.

Wilcox, 23, of Glace Bay, a member of the 2nd Battalion of the Nova Scotia Highlanders, is charged with manslaughter, criminal negligence causing death and negligent performance of duty, in the death of Cpl. Kevin Megeney.

A series of graphic photos of a dead Cpl. Kevin Megeney were shown to Filips, the attending physician who attempted to revive Megeney shortly after he suffered a gunshot wound in his living quarters at the Kandahar Airfield base in March 2007.

CAPE BRETON POST

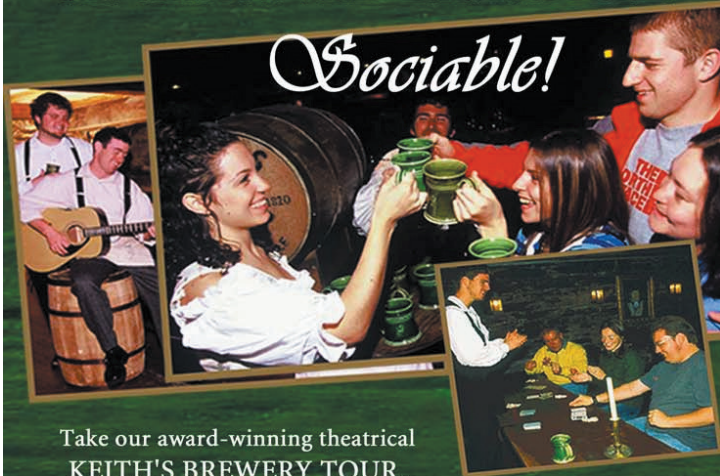


ALEXANDER KEITH'S
NOVA SCOTIA
BREWERY

July 1, 1867

Step back in time to this legendary day and celebrate with Alexander Keith.

Sociable!



Take our award-winning theatrical KEITH'S BREWERY TOUR. Learn about the ancient art of brewing. Let citizens of 1867 Halifax regale you with songs, stories, and great beer.

Tours daily every 30 min
12 noon to 8:00 PM;
1 hr duration
All ages welcome.

Visit the Alexander Keith's
GENERAL STORE
for the world's largest selection of official Keith's
WEARABLES, GLASSWARE and COLLECTABLES



COLD BEER STORE
OPEN HOLIDAYS

Kegs available.

Call to inquire about tour showtimes & ticket bookings:

902 455 1474 or 877 612 1820

1496 Lower Water St

www.keiths.ca

Transit fares going up starting tomorrow

Metro Transit is reminding passengers there will be an increase in fares starting tomorrow. The increase was approved by Halifax Regional Council this spring and will see adult fares go from \$2 to \$2.25 and senior and child fares from \$1.40 to \$1.50. There are also increases to transit passes and tickets. **METRO HALIFAX**



Halifax indie rockers Joel Plaskett Emergency will be playing at an outdoor show to celebrate Canada Day tomorrow at Alderney Landing in Dartmouth.

Plaskett to mark Canada Day

Indie band headlining outdoor show at Alderney Landing

LESLEY PIKE
for Metro Halifax

Fans of Joel Plaskett Emergency don't have to wait for Paul McCartney's July 11 show at the Common to see the Halifax indie rockers perform outdoors — they'll also be playing on Canada Day at Alderney Landing.

But while much smaller in scale, Plaskett doesn't consider his performance tomorrow night as a warm-up for Sir Paul.

"I love playing that stage at Alderney Landing and so we usually try and make it a yearly event if we can, and so Canada Day seemed like the best opportunity to do

"I love playing that stage at Alderney Landing ... and so Canada Day seemed like the best opportunity to do that."

Joel Plaskett

that," Plaskett told Metro Halifax yesterday.

Plaskett said the Alderney Landing audience is quite different from those where his band normally performs — like bars or venues such as the Rebecca Cohn Auditorium in Halifax.

"The crowd includes everybody, which is what can be really fun about it," he said.

The Halifax-Dartmouth Canada Day Committee is also excited about the band's concert. The outdoor

show begins at 3 p.m. and includes other acts such as Asia and NuGruv, Under the Sun, and Blueberry Grunt. Plaskett is the headliner.

"We're pumped for him," said Jeff Wall, chair of the committee. "We're expecting that he's going to bring out a big crowd."

Plaskett is excited to open for McCartney too, especially because he heard it was the ex-Beatle himself who chose the opening bands.

"I gather that the request came straight from his

management company, which was really nice," Plaskett said.

"They must have heard the CD and really liked it, which is cool."

"It's pretty cool to get to share the stage with somebody with such international recognition ... it is sort of a very rare opportunity for a band like us," he added.

Their opening slot for McCartney will be up to an hour.

"We'll play for five minutes if that's what they want," Plaskett admitted. "We'll play one song or we'll play 10."

July 1 events offer something for everyone



LESLEY PIKE
for Metro Halifax

HOLIDAY The forecast is calling for a chance of rain, but organizers of the local Canada Day celebrations are hoping the skies will be clear when birthday time hits tomorrow.

A full day of events are planned throughout the Halifax Regional Municipality, and they begin early for the Halifax-Dartmouth Canada Day Committee with a pancake breakfast starting at 8 a.m. at both Grand Parade and Alderney Landing.

Four hours later at noon there is more eating with

Selected celebrations

Events from the Halifax-Dartmouth Canada Day event schedule. For a full list of events throughout HRM, visit hrmcanaday.ca.

- 8 to 9 a.m.: Pancake Breakfast at Grand Parade in Halifax and Alderney Landing in Dartmouth.
- 10:30 a.m.: Royal Nova Scotia International Tattoo Parade (visit nstatattoo.ca for the parade route).
- 11:15 a.m.: Concert featuring the Stadacona Band and Tattoo Choir at the Halifax Citadel.

the Great Canadian Family Picnic on the Halifax Common.

Jeff Wall, chair of the committee, said 10,000 to 12,000 people should attend the picnic.

Citadel.

- Noon: Official Canada Day celebrations at Citadel Hill and the Great Canadian Family Picnic at the Halifax Common.
- 2 to 4 p.m.: Concerts at Public Gardens in Halifax and Sullivan's Pond in Dartmouth.
- 3 p.m. to midnight: Nova Scotia Music at Alderney Landing. Lineup includes Joel Plaskett Emergency, Asia and NuGruv, Under the Sun and Blueberry Grunt.
- 10 p.m.: Fireworks over the harbour.

"For mom and dad, if you're looking for a place to take the kids, that's going to be the place to be," said Wall, adding the event will include magic shows, face painting and a bouncy cas-

tle.

The committee is also expecting a large turnout for a concert at Alderney Landing, which runs from 3 p.m. to midnight.

The fireworks over Halifax Harbour are slated for 10 p.m.; however, considering tomorrow's weather forecast, they might be cancelled. Late yesterday, Environment Canada was predicting a 60 per cent chance of rain.

Because of wet weather, Wall said many of the Canada Day events could be cancelled. Announcements will be made if that happens.

He also said a final decision about the fireworks will be made by 8 or 9 p.m. tomorrow. If the fireworks are rained out, they will be rescheduled for 10 p.m. Friday.

History lessons on the sea

FERRY Tourists and local residents interested in Halifax's seafaring history will be able to learn all about it on the Metro Transit ferry this summer.

A theatrical production called Ferry Boat Tales will be performed daily on the Halifax-Dartmouth ferry throughout the summer, beginning Canada Day. They will run Tuesday to Saturday every week until Aug. 31.

The performances are a part of the regular fare for anyone on the 2:15 p.m.

ferry from Halifax to Dartmouth's Alderney Landing, or the 2:30 p.m. ferry back to Halifax.

The performers are expected to entertain ferryboat passengers with stories of shipwrecks in the harbour, nighttime escapes in wartime and the Halifax explosion, according to a news release from the Halifax Regional Municipality.

The performers are members of local theatre group DaPopo.

METRO HALIFAX

Looking for People Who Get It!

RAMEY INVESTMENTS

Blaine Conrad, CFP
Financial Planner

bconrad@rameyinvestments.com 488-0166



Call 434-9500 for
ordinary to extra
ordinary frames

We have only 10 seconds to
make a first impression...
and your frames are a part of
your personality.

978 Cole Harbour Rd., Village Plaza, Dart. • moultonoptical.com



**NINE COUNTRIES, 2,000 PERFORMERS,
EIGHT EXTRAORDINARY PERFORMANCES**



**ROYAL NOVA SCOTIA
INTERNATIONAL TATTOO**

Experience a cast of over 2,000 military and civilian performers in one of the world's greatest entertainment extravaganzas. World renowned musical performances, military bands, precision marching and drills, stirring competitions, history, drama, comedy - it's all here in the world's greatest show. It's a once in a lifetime experience - every performance, every year. Get your tickets today!

TICKETS: 451-1221/www.ticketatlantic.com

TICKETS \$22-\$38, Prestige Seating also available.
Available at the Halifax Metro Centre box office and
designated ticket outlets - call number above for locations.

FOR INFORMATION
(902) 420-1114 or 1-800-563-1114
info@nstatattoo.ca

ASK ABOUT OUR
SPECIAL OFFERS
AVAILABLE ONLY AT THE HALIFAX METRO CENTRE.
SOME RESTRICTIONS APPLY.



Groupe Aeroplan Inc., which operates Air Canada's frequent flyer program, has agreed to lend the cash-strapped airline up to \$100 million, both parties said yesterday. **REUTERS**

Canada



Vaccine set for October: Official

Canada aims to start immunizing its population against influenza A (H1N1), also known as swine flu, in October but has not yet decided who should be a priority for getting the shot, the country's top public health official said yesterday. "We're hoping that we'll be on track for having the vaccine, start immunizing in late October so that we can complete immunizing before Christmas," Dr. David Butler-Jones, chief public health officer at the Public Health Agency of Canada. **REUTERS**

News in brief

MINING Mines in Honduras operated by Yamana Gold and Breakwater Resources are operating normally despite an unfolding political crisis in the Central American nation, the mines' Canadian owners said yesterday following a military coup over the weekend.

REUTERS

MINT The federal government

has ordered an immediate review of security at the Royal Canadian Mint after an external audit suggested criminal activity could be behind the disappearance of \$15.3 million worth of gold. The months-long external review ruled out sloppy bookkeeping or accounting errors for the fact that 17,500 troy ounces of gold

(about 544 kilograms) has gone missing, raising the possibility that thieves took the precious metal. "A higher amount of gold should be on hand than the physical amount of gold counted," concludes the report. More than \$15 million in precious metals may have been stolen.

TORSTAR NEWS SERVICE

Defence argues abuse

Political interference led to polygamy charges: Lawyers

Improper political interference led to polygamy charges being filed against two members of a breakaway sect of the Mormon Church, a court was told yesterday.

The court was asked to toss out the charges against the members of U.S.-based Fundamentalist Church of Jesus Christ of Latter Day Saints (FLDS), which has been reported for years to be practising plural marriages in a rural town in British Columbia.

The case is the first major test of Canada's more than century-old polygamy law, which some civil

Polygamy

- While the Fundamentalist Church of Jesus Christ of Latter Day Saints in Bountiful, B.C., largely shuns outside contact, some members have acknowledged polygamy is practised. Winston Blackmore is accused of having 20 wives, while co-accused James Oler is accused of having two wives.

rights lawyers have warned may violate the country's constitutional protections of religious freedom.

Defence lawyers said British Columbia's attor-

ney general abused the system by appointing a new special prosecutor after one appointed in 2007 declined to file charges because the case was likely not winnable. The new prosecutor did file charges.

The province decided to use a special prosecutor to avoid a potential conflict of interest because its own internal criminal prosecutors had warned in the 1990s the law was likely unconstitutional.

"The special prosecutor was intended to avoid any risk, real or perceived, of political interference," Elwood told a judge. **REUTERS**



HELPING STUDENTS GROW, ON AIR AND OFF

Acadia Broadcasting takes pride in involving the next generation of broadcasters in the stories that shape our region.

Together with the Nova Scotia Community College, CKBW station manager John Wiles helps guide students in their pursuit of broadcast excellence.

Congratulations John - winner of the Broadcast Educators Association of Canada's Broadcaster of the Year award.

ACADIA BROADCASTING LIMITED

CKBW FM 94.5
Liverpool Bridgewater Shabum

IMMIGRATION Almost half of the husbands and wives in southern China and central Africa who want to rejoin their spouses in Canada are refused, a situation MP Olivia Chow calls cruel and arbitrary.

Chow, the NDP immigration critic, yesterday released spousal sponsorship numbers supplied by Citizenship and Immigration Canada.

That this country makes it tough for some couples to be reunited is no surprise to a Markham, Ont., engineer. To try to get his wife Dixie Ann here, he's spent a year scaling a mountain of bureaucracy stacked with family photographs and questions about minutiae such as in-laws' birthdates.

"The system encourages you not to tell the truth," says Nabbie. "I know three people who came here on regular visas and applied here." **TORSTAR NEWS SERVICE**

Spouse refusals cruel, arbitrary: MP



Khalid Nabbie, centre, and daughters Soraya, left, and Safiya look through a family photo album at their home in Toronto, Thursday. Nabbie has been waiting a year to get approval for his sponsorship of his wife, Dixie-Ann Nabbie, (shown on photo on cover of album), who is in Trinidad.



2008 Acura TL WOW, ONLY \$26,995

2008 Acura TL
3.2L V-TEC

\$220* Bi-Weekly OAC
• black on black leather
• bluetooth
• sunroof

CARSVILLE
"Better Cars, Better Buys, Better Hurry!"

Fully Serviced, Low Mileage
BMW's, Mazdas, Volvos & More
Financing Available

CarProof
VEHICLE HISTORY REPORTS

For more Quality Pre-owned Imports visit **MYCARSVILLE.CA** 869. 2277 • 257 Sackville Dr

Globe management and union to meet Thursday

Management and the main union at the Globe and Mail will sit down with a mediator Thursday to try to hammer out a new agreement. **REUTERS**

canada 7



Kathy Spence, this year's LG Canadian texting champion, holds up a novelty cheque for \$25,000.

OMG! Toronto teen a txt whiz

Who's the 16-year-old holding the gigantic cheque for \$25,000, being swarmed in Toronto by TV cameras and photographers?

She's Kathy Spence, who yesterday beat out 11 teenage texters from across the country to win the LG Texting Championships.

Amazingly, Spence does not actually have a cell-phone. It was stolen six months ago at a McDonald's outlet. She did not re-

place it. "I'm now going to get a phone," she said, bursting into laughter.

But, besides the phone, Spence said: "I love Converse, Nike, all that stuff. So I'm probably going to buy myself some shoes. I'm a big sneaker freak."

Spence, who will be entering Grade 12 in September, is also going to put the money toward tuition fees at the University of Toronto, which she hopes to attend to study architecture.

TORSTAR NEWS SERVICE

Glitches mar 9-1-1 upgrade, report says

EMERGENCY Ottawa's efforts to compel wireless providers to upgrade 9-1-1 systems so distressed callers can be located suffer from potentially troubling omissions, a new report has found.

Canada's wireless companies will be required by February 2010 to have the capability to locate the position of 9-1-1 calls from cellphones. The CRTC outlined the new requirements five months ago amid criticism Canada had fallen behind other countries such as the U.S., which have had similar capabilities for years.

Such information "can make the difference between life and death," the agency said.

Canadian rules now require wireless firms to give the location of the nearest cell tower, which can be of little help outside urban areas where towers are far apart. Calls from traditional wired telephones can be traced directly to the street address of a home or business.

TORSTAR NEWS SERVICE

Fare is Fair

Fare Increase—Effective July 1, 2009

Beginning July 1, 2009, Metro Transit's conventional route, Access-A-Bus, ferry and MetroLink fares will be increased. This increase will include cash fares, MetroPasses, MetroLink passes and tickets for adults, seniors, children and students.

It's the first fare increase to be introduced since January 2005. The latest increase is required to offset rising operating costs and future growth. Over the past four years, Metro Transit's service has grown by more than 60 percent. An additional new Transit Centre, several terminal expansions and other projects are currently underway to help improve and expand our services. Despite this new price increase, Metro Transit still offers one of the lowest transit fare structures for cities of comparable size across Canada.

Additional information is available through our Metro Transit Retail Outlets; the HRM Call Centre at 490-4000; and on our transit homepage at www.halifax.ca/metrotransit.

	Cash	MetroPass	New! 10 Tickets
Adult	\$2.25	\$70.00	\$18.00
Children age 5-15	\$1.50	\$52.00	\$13.00
Senior age 65 & up			
Student full-time with valid photo I.D.	\$2.25	\$64.00	\$18.00
METRO LINK	Cash	MetroLink Pass	With transit ticket, MetroPass, Upass or transfer
Adult	\$2.75	\$85.00	+50¢
Children age 5-15	\$2.00	n/a	+50¢
Senior age 65 & up			
Student	\$2.75	n/a	+50¢

Start Saving Money Today!

The Comwave GUARANTEE

- No Matter Where you Call
- No Matter What you Pay
- Comwave will Beat it... Guaranteed!

CUBA 85¢/min	INDIA 5.9¢/min	PHILIPPINES 11.9¢/min
Latin America	South Asia	Middle East
Colombia..... 3.9 ¢	Afghanistan...24.9 ¢	Egypt..... 14.9 ¢
Ecuador.....12.9 ¢	Bangladesh...3.9 ¢	Iran..... 3.9 ¢
Guatemala.... 10.9 ¢	Bhutan.....15.9 ¢	Syria..... 18.9 ¢
Guyana.....27.9 ¢	Nepal.....7.9 ¢	Lebanon 9.9 ¢
Honduras.....15.9 ¢	Pakistan.....5.9 ¢	Saudi Arabia... 3.9 ¢
Trinidad..... 7.9 ¢	Sri Lanka.....11.9 ¢	U.A.E.....16.9 ¢

Comwave Guarantees you the Lowest Rates to Call Anywhere in the World, For Life. So Even if you're Paying Less than our Advertised Rates, Call Today and we'll Beat it... **GUARANTEED!**

Limited Time Offer!

UNLIMITED
Calling to
Anywhere in
CANADA
\$5/month

Make Long Distance calls to Anywhere in the World from your Cell Phone at Comwave's **GUARANTEED** Lowest Rates

- ✓ No need to cancel your service provider.
- ✓ \$10 Free Long Distance for every friend you refer
- ✓ No Contracts



Comwave will be open Canada Day
Wednesday, July 1st for your convenience.

1-866-519-8090

comwave.ca

® Long Distance: Comwave guarantees to match or beat your rate today and forever. Rate Guarantee is based on competitors' lowest advertised rate or written quote for like services. Terms and conditions apply. Please see www.comwave.ca for full details. Calls to overseas mobile phones may be billed at a higher rate. Unlimited Canada does not include calls to the Yukon, Nunavut and N.W.T.

Gay rights activists in Moscow plan to ignore a ban and rally in favour of same-sex marriages when U.S. President Barack Obama visits next week, one of their leaders said yesterday. Russia decriminalized homosexuality in 1993 but tolerance is not widespread and Moscow's authorities often ban protests in support of gay rights. **REUTERS**

Harbour Solutions Project



Dear HRM Residents:

As you are aware, the Halifax Wastewater Treatment Facility officially opened in February 2008. From every corner of this great municipality, we all looked on with pride and amazement at the drastic, and practically immediate, improvements to the water quality of our beloved Halifax Harbour. The Dartmouth Wastewater Treatment Facility was brought online in July 2008, bringing even further improvements.

Last August, for the first time in decades, Black Rock and Dingle Park beaches were opened to swimmers. What an achievement for our community!

Then, on January 14, 2009, the Halifax facility suffered extensive flooding damage when one of two back-up generators failed and, as a result, the wet well and basement areas of the plant filled with 85 feet of wastewater. Untreated waste once again entered the Halifax side of the harbour.

Like you, we are shocked and bitterly disappointed at this serious setback. Like you, we want to know what went wrong, how it will be fixed and where responsibility rests. We are determined to see the Halifax plant restored, the possibility of future malfunctions prevented to the greatest extent possible, and Halifax Harbour's water quality improved so that our harbourfront beaches can again be enjoyed by all.

On behalf of Halifax Regional Council and the Halifax Water Board, we wish to share with you our commitment to work diligently and with focus until the plant is fully restored and to make sound, thoughtful decisions along the way so we can once again proudly share the environmental success story of Halifax Harbour.

Halifax Water and HRM have received the preliminary findings of a forensic audit into the technical cause of the malfunction. We are reviewing these findings and working with the Harbour Solutions Project's partners to fill in any remaining information gaps and further our common understanding of what went wrong. This will allow staff to correct deficiencies and enhance the design and operation in order to reduce the risk of a recurrence.

To be clear, finding the technical cause for the malfunction is far different from finding fault. It could be a long time before we know where responsibility ultimately lies for the events of January 14th. Indeed, it may be left to the Harbour Solutions Project's contract arbitration process, and/or the courts, to determine.

The search for answers has been long and frustrating for everyone. But we are committed to finding out why the Halifax plant malfunctioned so that this never happens again and your investment is protected. And while we all want to see a full accounting of what happened, right now our focus must be on getting the plant back in operation.

That being said, we know we need to communicate better with you. To that end, we are providing more frequent updates at www.halifax.ca in a section dedicated to Harbour Solutions and the Halifax facility restoration. There you will find the most up-to-date information on efforts to minimize odours, why screens were removed from outfalls into the harbour, how we are meeting our Environment Canada reporting responsibilities, progress reports on the plant, and more.

We are making every effort possible to restore the Halifax plant to full operation, but there is no quick fix. Considerable work is needed to ensure that the treatment plant is repaired properly. We expect the Halifax plant will be fully operational by spring 2010.

In the meantime, the Dartmouth Wastewater Treatment Facility continues to operate and the Herring Cove facility is scheduled to begin operating in the commissioning phase later this summer. During the commissioning phase, as with all large infrastructure projects, staff and contractors work to fine-tune the process and equipment to ensure everything is operating as it should, meeting all project specifications.

You can do your part in preventing harbour pollution at its source by not flushing items that should be deposited in your bathroom waste can or regular garbage. For more information on pollution prevention, please visit <http://www.halifax.ca/hrwc/pollutionpreventionathome.html>

Rest assured we are working hard to restore the facility and the pride we all feel in a cleaner Halifax Harbour. We appreciate your patience, understanding and support as we strive to get there.

Will the water quality return? You can count on it.

Will the beaches at Black Rock and Dingle Park re-open? Absolutely.

Will we leave a legacy of environmental stewardship for our children and theirs? We wouldn't have it any other way.

Respectfully, we remain

Mayor Peter Kelly, on behalf of Halifax Regional Council

Colleen Purcell, Chair, on behalf of the Halifax Water Board of Commissioners

Dan English, CAO Halifax Regional Municipality

Carl Yates, General Manager, Halifax Water

World

Madoff gets 150 years

From rubbing elbows with millionaires to sharing a prison yard with drug dealers and gangsters, Bernard Madoff's life is about to change dramatically.

The U.S. Federal Bureau of Prisons has not decided where Madoff, who orchestrated a Ponzi scheme that bilked investors out of billions of dollars, will serve his 150-year sentence.

Madoff was sentenced yesterday to the maximum

penalty the judge could give him for "extraordinarily evil" crimes in Wall Street's biggest and most brazen investment fraud.

Fleeced investors in the courtroom cheered and applauded as the judge handed down the penalty.

Madoff, 71, stood passively with his hands clasped at his waist, showing no reaction when he heard the sentence that will send him to prison for the rest of his life. If prison officials

Strong signal

• The White House said yesterday the judge who sentenced confessed swindler Bernard Madoff to 150 years in prison had sent a strong signal to investors who handle other people's money.

decide to keep him close to home, Madoff could end up in the Federal Correctional Institution in Otisville,

N.Y., a medium-security prison about 70 miles northwest of New York City that houses 1,100 inmates.

After initial isolation, Madoff likely will have a cell mate. In Otisville, potential bunk mates could include Emory Clash Jones, a drug dealer; James Coonan, a noted gangster; Gregory Rago, a mob soldier; and Blake Prater, a comparatively small-scale Ponzi artist. **REUTERS**

Honduran coup widely denounced

CENTRAL AMERICA Honduras came under pressure yesterday to reinstate ousted President Manuel Zelaya as many Latin American leaders agreed to withdraw envoys, Washington said the ousting was illegal and protesters took to the streets.

Police in the Honduran capital fired tear gas at stone-throwing supporters of Zelaya, who was toppled in an army coup on Sunday. They arrested about two dozen people.

Zelaya, a leftist, was detained and sent into exile Sunday in a dispute over his push to extend presidential terms. The coup is Central America's biggest political crisis in decades.

Left-wing Latin American leaders led by Venezuelan President Hugo Chavez announced that they would withdraw their ambassa-



A supporter of Honduras' President Manuel Zelaya sings the national anthem outside the presidential house in the capital city of Tegucigalpa yesterday.

dors from Honduras in protest at the coup. In Washington, U.S. President Barack Obama said it would be a "terrible precedent" to move back into an era of

military coups, and added the ouster was "not legal."

Zelaya said he will travel back to Honduras Thursday, in defiance of the coup. Speaking in

Nicaragua, Zelaya said Organization of American States chief Jose Miguel Insulza had offered to accompany him to Honduras. **REUTERS**

Iran declares election case closed

IranCrisis

ELECTION Iran confirmed Mahmoud Ahmadinejad as president and said controversy over his June 12 re-election was over, leaving opponents who cried foul with few options.

Iran's top legislative body, the Guardian Council, said a partial recount yesterday had disproved complaints of irregularities by pro-reform opponents, who said

Probe into killing

• Iranian President Mahmoud Ahmadinejad has called for a judicial probe into the "suspicious" death of a young woman, Neda Agha-Soltan, who has become an icon of opposition protests against a disputed election which he of-

ficially won. He accused foreign media of using the case for propaganda purposes. Neda, a 26-year-old music student, was shot on June 20. Footage of her death has been watched by thousands on the Internet.

the count was inadequate and that only annulling the election would do.

Riot police beefed up their presence in the capital Tehran but there were no signs of major unrest late yesterday, in contrast to protests that erupted when Ahmadinejad was first declared victor of the June 12

vote. The poll and its turbulent aftermath have exposed splits in Iran's political establishment and plunged the country into its deepest crisis since the 1979 Islamic Revolution.

Options for the opposition look limited now the election result has been officially upheld. **REUTERS**

News in brief

CRASH An airliner with 150 people on board belonging to Yemeni state carrier Yemenia crashed into choppy seas as it came in to land on the Indian Ocean archipelago of Comoros yesterday, officials said. Comoros Interior Minister Hamid Bourhane said the army had sent speedboats to search. "At the moment we don't have any information about whether there are any survivors," he said.

CRIME Child pornography was downloaded from a Swiss hip-hop Web site to around 2,300 computers in 78 countries, Swiss police said yesterday. A police spokesman said videos of minors engaged in sexual acts were hidden in a site where the principal content was "perfectly legal." **REUTERS**

Look back on how events have unfolded with our ongoing Unrest in Iran Section, at metronews.ca



LOCAL

Publisher, Greg Lutes
Managing Editor, Philip Croucher

Sales Manager, Dianne Curran
Distribution Manager, April Doucette

NATIONAL

Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart

Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt

Art Director, Laila Hakim
National Sales Director, Peter Bartrem
Interactive/Mktg Director, Jodi Brown

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

Comment

Something to celebrate on Canada Day

NationalReport



metronews.ca/nationalreport

With all the problems on this continent, what a nice diversion it is on Canada Day and the Fourth of July to have Iran to kick around.

Instead of the recession, the collapse of the auto sector, the wreckage in corpo-

rate America, we feast on the question of who won the Iranian election.

This type of digression is much in keeping with the Americans' way. They focus on a country with larger problems than their own and portray that country as representing danger at the door. It's called threat inflation. George W. Bush did it with Iraq. Created a bogus threat, started a major war. Bill Clinton bombed Baghdad in the very week he faced impeachment hearings over a sex scandal. Ronald Reagan took out Grenada when he faced a crisis. Lyndon Johnson

highly overstated the domino theory to promote the war in Vietnam. Before him there was the ludicrous concoction known as McCarthyism.

In Iran, we don't know who won the election. There is little doubt there was much voter fraud, but advance polls had Mahmoud Ahmadinejad far in front. He may well have won despite the fraud. But who can blame the opposition, urged on by surging support from abroad, from taking to the streets to challenge the verdict. The Mir Hossein Mousavi-led opposition, by the way, has a nu-



clear policy similar to Ahmadinejad's. But that is seldom mentioned.

The difference this time, and for this we in Canada can be grateful — is there is a cool head in the White House. Barack Obama operates from a global perspective instead of the narrow nationalist one of his predecessor. He recognizes the historic offences perpetrated against Iran by Western powers, one example being the CIA-sponsored overthrow of the Iranian gov-

ernment in 1953. He speaks out against the clampdown against democratic rights in Tehran, as he should, but his overall thrust is to mend fences with the Islamic world as opposed to driving wedges. His approach is like Mikhail Gorbachev's was with the West in ending the Cold War.

From the Canadian perspective it has been a tough year. The recession will dampen Canada Day celebrations. But there is the larger picture to look at. The world is more important than our own backyard and we now have a

world leader who is fair-minded and enlightened. He's a multilateralist, not a unilateralist. He favours conciliation over confrontation. He pursues a national health-care system and nuclear disarmament. He is standing up to climate change deniers.

He is, in sum, a president who is steeped in traditional moderate Canadian values. On the American national holiday and on our own, it is something to celebrate.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

Word on the street: What does it mean to be Canadian?

Dianne Parker

age 62, Halifax

A: For me it means being able to be who I am and to enable others to be who they are. It's a great place to be.

Bjorn Carr

age 28, Halifax

A: The acceptance of every different culture. People are very involved in society and helping people with disabilities.

Chastity Verge

age 19, Halifax

A: That you live free and strong. I'm proud to be Canadian. I love Canada.

Bryan Sachdeva

age 23, Toronto

A: Diversity meets open arms, with a touch of regional disparity.

Zahra Jimale

age 31, Vancouver

A: I'm not one ethnicity. I've got lots of ethnicities within me so when people ask me what are you or who are you, saying Canadian defines all of that.

Bob McDonald

age 40, Calgary

A: We are surrounded by people of all races, walks of life and incomes and we manage to get along.



Tell us your views by email to halifaxletters@metronews.ca or on comment on metronews.ca or on Twitter @metrohalifax

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Halifax 3260 Barrington Street, Suite 102, Halifax, NS B3K 0B5; Tel: 902-444-4444; Fax: 902-422-5610; Advertising: 902-421-5824 • adinfohalifax@metronews.ca; halifax_distribution@metronews.ca; News: philip.croucher@metronews.ca



Visit us at **Shaw's Landing**

Enjoy some of the best seafood in the Maritimes.

Hours fr 9am-8pm, 7 Days a Week



SHAW'S LANDING • 6958 Prospect Road • West Dover • NS • Tel: 902-823-1843 • www.shawslanding.ca
Four minutes from the Peggy's Cove Lighthouse!

The Parrsboro Mansion Inn

3916 Eastern Ave., Parrsboro, NS
www.parrsboromansion.com
1-866-354-2585



16947262



Jobs back at Apple after liver transplant
Apple Inc. chief executive Steve Jobs is back to work following a near six-month medical leave, the company said yesterday. Jobs announced in January he was taking a temporary leave of absence. Last week, it was reported that Jobs had had a liver transplant during his absence. **REUTERS**

Business

DOLLAR		OIL		TSX	
	C\$	86.45¢	US		10,476.77
	US\$	115.67¢			87.01
0.19¢		\$2.33			

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Tim Hortons to register as a Canada-based firm

COFFEE Tim Hortons Inc., the coffee chain with an image as Canadian as hockey and maple syrup, said yesterday it plans to register as a Canadian company.

The company said it has filed a plan with the U.S. Securities and Exchange Commission to become a subsidiary of a firm incorporated in Canada. Tim Hortons is currently the subsidiary of a U.S. firm, after being spun off by former owner Wendy's Inter-

national in 2006.

The management and board of directors of Tim Hortons said the move would boost the company's position to take advantage of lower Canadian tax rates commencing in the year after the change is made. "The company currently earns the substantial majority of its income in Canada," Tim Hortons said, owing to the fact that it has 2,930 outlets in Canada and 527 in the U.S.

CBC NEWS ONLINE

Signs of life in green sector

Canada's alternative energy sector is showing signs of a budding recovery, as companies resurrect financing deals and public offerings that withered with the recession, but the revival remains fragile.

In recent weeks, companies ranging from water treatment firm GLV Inc. to green building products maker Genesis Worldwide Inc. have raised millions of dollars in share and debenture offerings.

Geothermal firm Magma Energy Corp. just raised

"It's the first green shoots appearing in the green energy area."

Duncan Stewart, DSAM Consulting

\$100 million in a warmly received initial public offering and electric car maker Zenn Motor Co. Inc. has filed a preliminary prospectus to sell shares.

"It's the first green shoots appearing in the green energy area," said Duncan Stewart, analyst at DSAM Consulting.

"If you compare buying a

cleantech stock to a computer, (investors) put it in a sleep mode. Now that they've turned the market back on, the first thing that pops up on their screen is: Note to self — Go buy some cleantech stocks."

The activity marks a thaw from the investment freeze that slammed clean-

tech firms — which sell technology that boosts productivity while cutting costs and energy consumption — when the credit crisis took hold. Two months into 2009, for example, cleantech companies listed on the Toronto Stock Exchange and TSX Venture Exchange had raised just \$4.7 million in financing deals. That grew to \$125 million by the end of April and then jumped another 22 per cent to \$152.6 million at the end of May.

REUTERS



A Rewarding Career for You
Dependable, caring and happy to help. When you become a CAREgiver for Home Instead Senior Care, you make a difference in the lives of seniors. Provide housekeeping, meal preparation and personal care.

Flexible hours and a paid comprehensive training program provided.

Home Instead SENIOR CARE
to us, it's personal

To find out more please call:
902.429.2272
homeinstead.com/3008

Each Home Instead Senior Care-franchise office is independently owned and operated. © 2009 Home Instead, Inc.

London Unemployment plan



Britain's secretary of state for work and pensions, Yvette Cooper, speaks at the launch of Building Britain's Future in London yesterday as Prime Minister Gordon Brown, left, and Home Secretary Alan Johnson, right, look on. The prime minister set out plans to tackle youth unemployment yesterday for the final few months before an election that could end Labour's long grip on power.

Business in brief

REPORT Businesses' reluctance to invest and diminishing household wealth will dampen spending further, dragging down the overall economy, the Bank for International Settlements said. "Such declines in household wealth, particularly housing assets, are likely to

constrain consumption for some time," the BIS said in its annual report published yesterday.

CABLE The U.S. Supreme Court said yesterday it rejected an appeal by film studios and television networks of a ruling allowing a new digital video

recorder service by cable operator Cablevision Systems Corp. The justices refused to review an earlier ruling that Cablevision's proposed new service would not directly infringe the copyrights of the companies that produce movies and TV shows.

REUTERS

From the periodic table to your TV set

SCIENCE 10 unusual metals used frequently in day-to-day electronics:

NEODYMIUM — Helps make the magnets that control the miniature hard drives in portable MP3 players.

EUROPIUM — In high demand, it's used to add red hues to computer monitors and light bulbs.

TERBIUM — Makes the green hue in computers and plasma televisions.

YTRBIUM — Used mainly in the colour phosphors in flat screen televisions and cellphones.

INDIUM and TIN — Needed to make the thin film coating in flat panel TVs, LCD computer screens and solar panels.

DYSPROSIUM, SAMARIUM and TERBIUM — Used to make iPods, as well as other high-performing speakers, headphones or buds driven by tiny neomagnets.

GALLIUM — Improves the efficiency of computer chips; also used to make wristwatches.

TORSTAR NEWS SERVICE



Book 2 weekends, get 3rd weekend FREE
Booth rentals start at only \$25*
* offer available until June 30th

Opening July 11th:
HRM's Largest Weekend Market!

VENDOR SPACE AVAILABLE
BOOK NOW...
SPACES ARE FILLING FAST

Are you a Farmer, Retailer, Liquidator, Service Provider, or have Unique Food Products? **You** operate on Sat & Sun 9 to 5 for a fixed overhead, with thousands of customers every weekend.

Call 407-3323 or email hwmarket@ns.sympatico.ca
42 Canal St, Dartmouth
(Former ValueVillage Location)



Exit 16 off Hwy 101 • 902.847.9790
www.oaklawnfarmzoo.ca

ONE FREE CHILD'S PASS
When accompanied by an Adult at Regular Adult Price. Offer expires Mid-Nov 2009



Stylish, Spacious & Welcoming Suites
www.capreit.com

OCEAN BROOK
40 Charlotte Lane
1 bdrm \$740/month
2 bdrms \$870/month
(902) 404-4440

DOWNTOWN HALIFAX
Park Victoria - 1333 South Park Street
1 bdrm \$975/month
2 bdrms \$1200/month
3 bdrms \$1550/month
(902) 404-7676

Free IPOD when you rent!

Interest rates/Savings accounts
METRO NEWS SERVICES

BMO	CIBC	HSBC	ICICI	ING	PCF	RBC	SBIC	Scotia	TD
1.0%	0.75%	1.05%	1.6%	1.35%	0.75%	0.75%	1.6%	1.0%	0.75%

Note: Please check bank websites as some rates require a minimum account balance.

business 11

Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

To save, just stay put

The 'secret' to financial success is a no-brainer

Alison On Money

Alison Griffiths

metronews.ca/alisononmoney

People often ask me for my secret to financial success. Some ideas come to mind: A hot market tip, a lottery win or a massive inheritance.

Dream on! If there is a single secret it is this — buy a home and stay there.

But I am seeing a trend towards the short-term home purchase — the plan being to stay for a couple of years, turn a profit and move up. Wrong!

Obviously, some are forced to relocate for em-

ployment or other reasons, but moving as a choice is a big impediment to the goal of a mortgage-free home, preferably within 25 years of purchase.

Let's just talk about the cost of moving. It is incredibly expensive to bid your nest adieu and move to a new one.

From real estate and legal fees to decorating, repairing or updating both the sale home and the new one, the money mounts up. Then there are moving costs, GST on new homes, utility hookups and, increasingly, land transfer taxes.

Alison's Money Rule:

• The real secret to financial success, a secure future and a debt-free retirement lies in the roof over your head.

Depending on the cost and the condition of both houses, moving within a city can total \$15,000 to \$35,000 and more.

Typically, purchase costs get added to the mortgage so it's easy to minimize the sum in your

mind.

Frequently lenders encourage buyers to apply for a home equity line of credit to pay for the "soft" costs of redecorating and purchasing new appliances. And often home buyers extend their amortization in order to keep monthly payments the same. Such a strategy may make you feel more comfortable but the real result is reduced equity in the home, more interest paid over the amortization period and a

longer road to reach the mortgage-free dream.

Try to think about a home as you would a life-time mate. Falling in love for life, whether with a house or a human, pays off financially and emotionally over time. Even if you must wait to buy that "for-life" home, staying put is the secret to financial success.

Alison Griffiths is a financial journalist, author and host of Moxed Out on the W Network. Write to her at alison@alisongriffiths.ca.

HISAVE Savings Account

Apply online: icicibank.ca1.60% CS

ICICI Bank

Interest rates are expressed on a per cent basis and are subject to change any time without notice. Interest on HISAVE Savings Account is calculated on the daily closing balance and paid monthly. ICICI Bank and logo and the HISAVE name are registered trademarks.



Income Trusts, like an investment, are ultimately a gamble.

Should I trust an Income Trust?

MoneyMatters

Henry Choo Chong

metronews.ca/moneymatters

Q Recently, I inherited several thousand dollars. Income Trusts appear to give very high yields without risking my capital. Are these good investments?

— Richard

A Equity investors in the past 10 years have received generous returns, that is until fall of 2008. Since then, many have reduced, repositioned or completely abandoned the stock market. Memorize this: "Investing is risky." If you do not have the stomach for any risk, get out of the market.

Income Trusts (Income Funds) were created for investors to receive distributions on a tax-efficient basis. There are four main types:

- Business Trusts
- REITs
- Utility Trusts and
- Resource Trusts

Income Trusts do not pay income taxes if all of its taxable income is distrib-

uted to its unit holders. Therefore, unit holders receive higher payouts. The unit holder is ultimately taxed. Yields vary from five to over 20 per cent. Of course, the greater the yield, the greater the risk.

Generally, distributions to unit holders consist of a return on capital and a return of capital. A return on capital (Yield), is the return to the investor for investing — this is subject to tax at the end of the year.

A return of capital is a distribution of your capital investment. This is not taxed when received, but affects the cost base of the investment on disposition. Investor should be cognizant of both.

In 2006, Finance Minister Jim Flaherty announced all Income Trusts (except Real Estate Investment Trusts), starting in 2011, will be subject to corporate tax. It even the playing field between taxed corporations and non-taxed Income Trusts. As a result, our government coffers get filled and investors receive less.

Check with your financial adviser when deciding whether Income Trusts are right for you.

Henry Choo Chong, CGA, can be reached at choochonghcgga@yahoo.ca.

NINE COUNTRIES...



ROYAL
NOVA SCOTIA
INTERNATIONAL
TATTOO
JULY 1-8
HALIFAX METRO
CENTRE

TICKETS (902) 451-1221
www.ticketatlantic.com

Choose wisely for first credit card

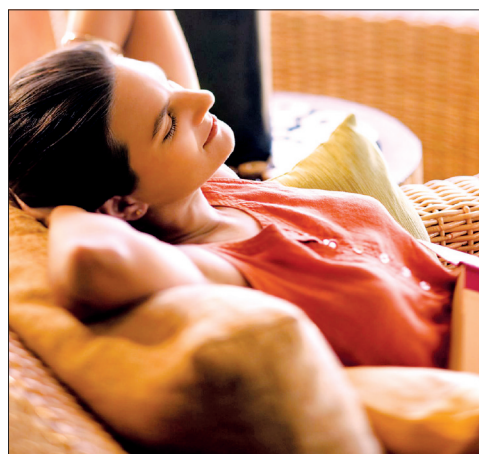
STUDENTS There are many ways to choose your first credit card. You could, for example, compare the interest rates, rewards and fees for each card available to you, or you could simply walk around campus and sign up for the credit card that's offering the nicest free beach towel or gym bag. Let's assume you're going with the former rather than the latter.

The primary purpose of your first credit card should be building your credit history. If you have

a good credit history, it will be easier to get better terms on a loan later in life. Many student credit cards charge no annual fee and offer student tailored rewards like cell-phone insurance if your phone is lost or stolen.

It's important to compare all of the cards available to you (and you can do that in the Red-FlagDeals.com Credit Cards section.) Credit card companies are actively looking for new customers, so don't assume that your existing bank is offering you the best deal.

NEWS CANADA



Obviously some are forced to relocate for employment or other reasons, but moving as a choice is a big impediment to the goal of a mortgage-free home, preferably within 25 years.



Investing in real estate has been a good decision for us.

CROWN BAY
CONDOMINIUMS

ATLANTIS
Experience Excellence.

MOS
MULTIPLE LISTING SERVICE

Julien Chouhri • (902) 209-5899

In these uncertain times, doesn't an investment in real estate make sense?

A condominium unit in Crown Bay is a good investment.

Your rental income could very well cover your mortgage and taxes.

Therefore, you could be building equity with minimal outlay. **That's leverage.**

Call us today and we'll go through the math together.

(902) 209-5899

CROWN BAY CONDOMINIUMS

The Toronto Argonauts were founded in 1873 and are one of the oldest professional sports franchises in North America. The team has won 15 Grey Cups in its history, the most of any team. **METRO NEWS SERVICES**

CFL Preview



History

The Canadian Football League was officially founded in 1958, but can trace its roots to the 1860s when rugby football started being played in Canada.

METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Toronto Argonauts



LAST SEASON 4-14.

KEY ADDITION OL Rob Murphy.

SIGNIFICANT LOSS DB Byron Parker.

THE BOTTOM LINE It shouldn't get much worse for the Argonauts, who are coming off a dismal campaign. Head coach Bart Andrus, new to the CFL but with an extensive NFL and NFL Europe background, will look to right the ship.

THE BIG QUESTION Can veteran QB Kerry Joseph get back to the game-changing form he showed in 2007, when he was named CFL most outstanding player?

Hamilton Tiger-Cats



LAST SEASON 3-15.

KEY ADDITIONS QB Kevin Glenn, OL Dan Goodspeed, OL Alex Gauthier.

SIGNIFICANT LOSSES RB Jesse Lumsden, QB Casey Printers.

THE BOTTOM LINE The Ticats have a new look after finishing last for four straight seasons. QB Quinton Porter oozes potential and he'll need to fulfil it if the Ticats are to claw their way out of the basement.

THE BIG QUESTION With former Indianapolis Colts RB Kenton Keith out indefinitely with a knee injury, will Hamilton have the running game to succeed?

Winnipeg Blue Bombers



LAST SEASON 8-10.

KEY ADDITIONS QB Stefan LeFors, DE Fred Perry.

SIGNIFICANT LOSSES SB Milt Stegall, QB Kevin Glenn, OL Alex Gauthier.

THE BOTTOM LINE New head coach Mike Kelly has overhauled the roster, making more than 30 significant changes, including the acquisition of Eskimos third-string QB Stefan LeFors to replace the released Kevin Glenn.

THE BIG QUESTION With so many new faces, the Bombers may need some time to find their way. How long will it take for Kelly and Co. to carve out their identity?

Saskatchewan Roughriders



LAST SEASON 12-6.

KEY ADDITION WR Jason Clermont.

SIGNIFICANT LOSSES LB Kitwana Jones, LB Maurice Lloyd.

THE BOTTOM LINE The Roughriders started 6-0 last season after winning the 2007 Grey Cup, but injuries and rotating quarterbacks eventually caught up with them. With a couple of key linebacks gone, they'll look to bounce back.

THE BIG QUESTION QB Dariun Durant is stepping into the spotlight as a starter for the first time in his CFL career. Will he give the Roughriders the stability they need?

Edmonton Eskimos



LAST SEASON 10-8.

KEY ADDITIONS RB Jesse Lumsden, LB Maurice Lloyd, DE Kitwana Jones, head coach Richie Hall.

SIGNIFICANT LOSSES WR Jason Tucker, WR Kelly Campbell, DB Shannon Garrett, DE Fred Perry.

THE BOTTOM LINE What the Eskimos need more than anything is to establish a running game after trailing the CFL in 2008 with an averaging of 82.5 yards per game.

THE BIG QUESTION How will an offensive line that will begin the season without retired Dan Comiskey and injured centre John Comiskey hold up in front of Ricky Ray, Jason Maas and Lumsden?

B.C. Lions



LAST SEASON 11-7.

KEY ADDITIONS LB Anton McKenzie and DE Nautyn McKay-Loescher.

SIGNIFICANT LOSSES DE Cameron Wake, LT Rob Murphy, RB Stefan Logan, SB Jason Clermont, RB Charles Roberts, LB Otis Floyd and LB Jamal Johnson.

THE BOTTOM LINE The winds of change are blowing through the Lions den with a number of last year's key starters gone.

THE BIG QUESTION Will the Lions truly be able to forget about two-time Most Outstanding Defensive Player Cameron Wake? GM and coach Wally Buono says the Lions will go with a committee approach when making up for Wake's 23 sacks, citing Ricky Foley and Gary Butler as linemen that have impressed.

METRO CANADA



Quarterback Henry Burris hopes to lead the Calgary Stampeders to their second straight Grey Cup title.

Stamps favoured to repeat

DAN TOTH
for Metro Canada

The Calgary Stampeders proved they were the thoroughbreds of the Canadian Football League last year, capping a sensational 13-5 regular season with their first Grey Cup title since 2001. Now it seems the Stamps have the inside track to become the first CFL team since the 1997 Toronto Argos to successfully defend their title.

The key piece of the puzzle is quarterback Henry Burris, the Grey Cup MVP who has signed a four-year contract extension to stay in Calgary through 2012.

"Henry has proven that he's an elite quarterback in

this league and a vital part of our football team," said head coach/general manager John Hufnagel. "We're ecstatic to know he'll be here for years to come."

Burris, 34, last season set career highs in passing yards (5,094), touchdown passes (39), completion percentage (64.5) and quarterback rating (103.8) while establishing his position as the CFL's top passer.

"This is the only team I can imagine playing for and I love the direction we're heading," said Burris. "I look forward to building on 2008. We all have great ambitions for the future."

The immediate future could include another Grey Cup ring. The Stampeders have 19 of their 24 starters

from last November's championship game back on the roster as they prepare to kickoff the 2009 CFL season. They open their schedule by hosting a Grey Cup rematch against the Montreal Alouettes tomorrow at McMahon Stadium.

The problem is Calgary has been ravaged by injuries during training camp and could enter the season without defensive backs J.R. Ruffin and Brandon Smith in addition to playing without receivers Kenyon Rambo, Ryan Thelwell and Jabari Arthur. Offensive linemen Jeff Pilon and Jesse Newman also have nagging injuries.

The Stamps host the 2009 Grey Cup game Nov.

29 and are challenging to be the first team since the 1994 B.C. Lions to capture the CFL title at home. Entering the season as favourites to play in the hometown Grey Cup comes with its own challenges, but the players are dismissing the pressure.

"The fact that we won last year means we're focused on the R-word (repeat) but every year your goal is to win the championship," said Randy Chevrier.

"Nobody comes into the season saying this year we're playing for second place. Every year it's the same motivation. The game's there and that's our goal, but that's everybody's goal."

Alouettes good, but may not take the next step

MONTREAL Since 2000, the Montreal Alouettes have made six appearances in the Grey Cup Championship Game, but five times the club was sent away empty handed. Last season, the club finished 11-7 during the regular season, the only Eastern Division team to post a winning record. The Alouettes reached the title tilt only to be defeated by Calgary in a 22-14 final.

So what does the 2009 season have in store for Marc Trestman's squad? Well, there aren't many new faces in the fold, but some consider that to be a good thing. After all, there is enough talent on the roster to put the team

back in the championship race.

Of course, it all starts with veteran quarterback Anthony Calvillo, who completed 69.2 percent of his passes in 2008 for 5,633 yards with 43 touchdowns and only 13 interceptions.

He is thrilled to have Jamal Richardson back in the fold, as the talented receiver

tallied 98 receptions for 1,287 yards and 16 touchdowns a year ago. Some thought Richardson might be playing in the NFL this season, but his return to the Alouettes cements

them as a serious Grey Cup contender.

There are other dangerous weapons on the offensive side of the football, such as tailback Avon Coburne and wideout Ben Cahoon.

Coburne rushed for 950 yards and six touchdowns on only 145 carries a year

ago, and he also caught 66 passes for 616 yards and two more scores. As for Cahoon, he had a team-high 107 receptions for 1,231 yards and seven scores, proving more than capa-

ble of moving the chains with clutch catches.

Montreal did a good job of locking up Anwar Stewart and Mark Estelle, rather than allowing those players to find new homes. T.J. Hill led the club with 84 tackles last season, while Keron Williams posted 10 sacks. This is not an elite defence, but there is obviously enough talent in place to complement the explosive offence.

What can be expected by fans is another successful season, a first-place finish in the East and a likely return to the Grey Cup title game. Still, expect the team to come up just short once again.

METRO NEWS SERVICES

Grey Cup trivia

In 1909, Earl Grey, Governor General of Canada, donated the Grey Cup for the Rugby Football Championship of Canada. The Grey Cup championship game was first televised nationally in 1957. The trophy, along with the NHL's Stanley Cup, is one of the few in professional sports to be reissued each year instead of replaced. **METRO NEWS SERVICES**

sports **13****CFL Preview**

CFL commissioner Mark Cohon is pleased the league's attendance and TV viewer numbers are up. He's also got his sights set on the eastern half of the country, working to get a team established in Ottawa and a regular-season game played in Moncton.

Moncton in CFL sights

Lack of a proper stadium puts Halifax on the back burner, commissioner says

MATTHEW WUEST
matthew.wuest@metronews.ca

Halifax appears to be all but forgotten — at least for now — in the eyes of CFL commissioner Mark Cohon.

"If we have a (regular season) game in Moncton, we'd like to see a lot of fans from Halifax make the drive," was all Cohon would say, when asked where the city fits into his plans.

Moncton has effectively shouldered Halifax out of the equation in the race to become the CFL's Atlantic expansion team and could host a regular-season game in September 2010.

A new 10,000-seat stadium being built in Mon-

"Because there is no stadium in Halifax, it makes it very difficult for the league to consider big events there."

CFL commissioner Mark Cohon

ton for the 2010 world junior track and field championships has the New Brunswick city in the driver's seat. Halifax's inaction on the same front has it fading in the rearview mirror.

"I've had this conversation with many people," Cohon said. "Because there is no stadium in Halifax, it makes it very difficult for the league to consider big events there."

Back in the days of former commissioner Tom Wright, Halifax hosted a CFL exhibition game in

2005 dubbed Touchdown Atlantic. A crowd of 11,148 turned out at Huskies Stadium, which received a boost from temporary seating.

The CFL was forced to cancel 2006 Touchdown Atlantic after the Ottawa Renegades dropped out of the league. At the time, Wright said in a press release, "We will be back."

Cohon, who desperately wants to get a team back in Ottawa, doesn't make the same promise.

"We're focused on Ottawa and Moncton," he said. "But we're open. If

there are opportunities in other cities (with) bigger stadiums ... We'll consider it."

Cohon said the three requirements he looks for in an expansion team are a stadium, strong local ownership, and significant corporate support from the community.

Moncton's stadium is expandable to 20,000 and can mimic the Montreal Alouettes' setup at McGill. As for the other two requirements, Cohon said he won't know for sure if Moncton meets them until it hosts a game.

"We have to build our relationship with the corporate community out there, we have to get local people excited," Cohon explained. "We want to walk before we run."

Former Huskies lead corps of CFL's AUS talent

MATTHEW WUEST
matthew.wuest@metronews.ca

Ten months ago, Darcy Brown was a rarely-targeted receiver for the Saint Mary's Huskies. This week, he'll make his CFL debut as a full-back with the Hamilton Tiger-Cats.

Brown, the sixth overall pick in May's draft, is one of a handful of Saint Mary's Huskies grads on season-opening CFL rosters. The Ticats see great potential in the 6-foot-3,

251-pound Brown and like what he offers as a full-back.

Here are the others:

Mark Beswick, Hamilton

The six-foot-one DB spent last season with the Blue Bombers, but signed with Hamilton last week.



Darcy Brown

Sebastien Clovis, Saskatchewan

The former all-Canadian DB is back with the Roughriders for a second season and will fight for more field time.

Steve Morley, Winnipeg

The former No. 1 overall pick and NFLer from Halifax will look to get things back on track with the Blue Bombers.

Joel Lipinski, Saskatchewan

He spent one season with Saint Mary's and is now the DB on the practice roster with his hometown team in Regina.

Tim St. Pierre, Edmonton

St. Pierre, a six-foot line-backer, returns to Edmonton for a second season and will serve as one of the Eskimos' captains.

Dave Stala, Hamilton

He had 1,037 yards and five touchdowns in 2005, but the long-time Alouettes WR is coming off two injury-plagued seasons.

Atlantic University Sport graduates to watch:

WR Matt Carter, Acadia (B.C. practice); LB Mike McCullough, St. F.X. (Saskatchewan); DB Elliott Richardson, Acadia (Edmonton); OL Adam Rogers, Acadia (Edmonton); OL Steve Myddelton, St. F.X. (Calgary practice); OL Godfrey Ellis, Acadia (Calgary practice); OL Derek Armstrong (Calgary injured).

2009 SEASON SCHEDULE

PRESEASON	Calgary at Edmonton
WEEK 1 WEDNESDAY, JUNE 17 B.C. 30 at Calgary 37 Hamilton 22 at Winnipeg 32 Montreal 37 at Toronto 24 Saskatchewan 12 at Edmonton 45	SUNDAY, SEPT. 13 B.C. at Montreal Saskatchewan at Winnipeg
WEEK 2 TUESDAY, JUNE 23 Calgary 27 at Saskatchewan 19 Edmonton 31 at B.C. 19 Toronto 27 at Hamilton 17 Winnipeg 27 at Montreal 31	FRIDAY, SEPT. 18 Calgary at Hamilton
REGULAR SEASON	SATURDAY, SEPT. 19 Toronto at B.C.
WEEK 1 WEDNESDAY, JULY 1 Toronto at Hamilton Montreal at Calgary	SUNDAY, SEPT. 20 Winnipeg at Montreal Edmonton at Saskatchewan
THURSDAY, JULY 2 Winnipeg at Edmonton	WEEK 13 FRIDAY, SEPT. 25 Montreal at Hamilton B.C. at Calgary
FRIDAY, JULY 3 B.C. at Saskatchewan	SATURDAY, SEPT. 26 Saskatchewan at Edmonton Toronto at Winnipeg
WEEK 2 THURSDAY, JULY 9 Edmonton at Montreal	WEEK 14 FRIDAY, OCT. 2 Edmonton at Winnipeg Saskatchewan at B.C.
FRIDAY, JULY 10 Calgary at Winnipeg Hamilton at B.C.	SATURDAY, OCT. 3 Montreal at Toronto Hamilton at Calgary
SATURDAY, JULY 11 Saskatchewan at Toronto	WEEK 15 FRIDAY, OCT. 9 B.C. at Edmonton
WEEK 3 THURSDAY, JULY 16 B.C. at Edmonton	SATURDAY, OCT. 10 Toronto at Saskatchewan
FRIDAY, JULY 17 Toronto at Calgary	MONDAY, OCT. 12 Calgary at Montreal Winnipeg at Hamilton
SATURDAY, JULY 18 Montreal at Saskatchewan Winnipeg at Hamilton	WEEK 16 FRIDAY, OCT. 16 Edmonton at Toronto
WEEK 4 THURSDAY, JULY 23 Hamilton at Montreal	SATURDAY, OCT. 17 Saskatchewan at Calgary
FRIDAY, JULY 24 Toronto at Winnipeg Calgary at B.C.	SUNDAY, OCT. 18 Hamilton at Montreal B.C. at Winnipeg
SATURDAY, JULY 25 Edmonton at Saskatchewan	WEEK 17 FRIDAY, OCT. 23 Hamilton at Toronto Edmonton at Calgary
WEEK 5 THURSDAY, JULY 30 Montreal at Edmonton	SATURDAY, OCT. 24 Montreal at Winnipeg B.C. at Saskatchewan
FRIDAY, JULY 31 B.C. at Hamilton	WEEK 18 FRIDAY, OCT. 30 Toronto at Edmonton
SATURDAY, AUG. 1 Winnipeg at Toronto Saskatchewan at Calgary	SATURDAY, OCT. 31 Saskatchewan at Hamilton Calgary at B.C.
WEEK 6 FRIDAY, AUG. 7 Toronto at Montreal Saskatchewan at B.C.	SUNDAY, NOV. 1 Winnipeg at Montreal
SATURDAY, AUG. 8 Edmonton at Hamilton Winnipeg at Calgary	WEEK 19 FRIDAY, NOV. 6 Edmonton at B.C.
WEEK 7 THURSDAY, AUG. 13 Calgary at Edmonton	SATURDAY, NOV. 7 Montreal at Toronto Calgary at Saskatchewan
FRIDAY, AUG. 14 B.C. at Toronto	SUNDAY, NOV. 8 Hamilton at Winnipeg
SATURDAY, AUG. 15 Montreal at Winnipeg	*End of Regular Season
SUNDAY, AUG. 16 Hamilton at Saskatchewan	PLAYOFFS
WEEK 8 FRIDAY, AUG. 21 Saskatchewan at Montreal Winnipeg at B.C.	DIVISION SEMIFINALS SUNDAY, NOV. 15
WEEK 9 THURSDAY, AUG. 27 Hamilton at Edmonton	EAST Third at Second Places
FRIDAY, AUG. 28 Calgary at Toronto	WEST Third at Second Places
WEEK 10 FRIDAY, SEPT. 4 Montreal at B.C.	DIVISION FINALS SUNDAY, NOV. 22
SUNDAY, SEPT. 6 Winnipeg at Saskatchewan	EAST Semifinal Winner at First Place
MONDAY, SEPT. 7 Toronto at Hamilton Edmonton at Calgary	WEST Semifinal Winner at First Place
WEEK 11 FRIDAY, SEPT. 11 Hamilton at Toronto	

97TH GREY CUP
SUNDAY, NOV. 29
AT CALGARY
East vs. West Champions

The U.S. Supreme Court said yesterday it would decide whether the National Football League should be treated as a single entity under federal antitrust law in a dispute over an exclusive licence to make caps and other headgear. **REUTERS**

Sports

EDITOR: CHRIS.CLEMENTS@METRONews.CA

Yao's career may be over

The hairline fracture in Houston Rockets centre Yao Ming's left foot could reportedly keep him sidelined next season and may be career-threatening. The Houston Chronicle on Monday quoted Rockets team physician Tom Clanton: "At this point, the injury has the potential for him missing this next season and could be career threatening." Yao will receive several more opinions regarding the various options recommended to repair the bone. **METRO NEWS SERVICES**

No time for relaxing

X-Men all-star Christian Upshaw training hard for Universiade

MATTHEW WUEST
matthew.wuest@metronews.ca

When Christian Upshaw was picked to play at the Summer Universiade two months ago, he kicked his usual off-season training regimen into overdrive.

The Halifax native and St. Francis Xavier X-Men all-star point guard wanted to ensure he was in top form when he slipped on the Canadian jersey for the opening tip-off at the 25th Games, which is Thursday in Belgrade, Serbia.

"I usually take my time to get ready for the next season, but I realized I had two months to get ready for the biggest basketball event of my life," he said. "I had to train very, very hard, stop going out as much as I was, and focus."

Upshaw said he's wanted to play at this event for years. The Universiade, open to student-athletes between the ages of 17 and 28, takes place every two years and is second to the Olympics in the number of participants and countries.

The lightning-quick speedster earned his way there with a breakout season in his third year at St. F.X. Upshaw averaged 19.1 points per game and finished a deadly .479 from



Halifax native Christian Upshaw has been training hard for the Summer Universiade.

three-point territory en route to Atlantic University Sport MVP.

"It means the world to me," he said. "It's like a dream come true. I was saying to my teammates all season, 'I just want to play on Team Canada,' and now I get to do it."

Upshaw hopes to play professionally in Europe after his university days are over, and he knows that getting floor time in Serbia would help him catch the eyes of scouts.

"There's no better way of getting exposure than playing internationally,"

Heading to Belgrade

Local athletes competing at the 25th Summer Universiade, starting today and running to July 12 in Belgrade, Serbia:

- Christian Upshaw, St. F.X., Halifax (men's basketball)
- Zara Huntley, UBC, Halifax (women's basketball)
- Rachael Swetnam, Ottawa, Halifax (women's soccer)

- David Sharpe, Dalhousie, Halifax (men's swimming)
- Kerri Smit, Saint Mary's, Shubenacadie (women's volleyball)
- Max Burt, Dalhousie, Gander, N.L. (men's volleyball)
- Sander Ratsep, Dalhousie, London, Ont. (men's volleyball)

Upshaw said.

Upshaw was in Hamilton, Ont., for a training camp last week. From what he's seen, he might come back to Nova Scotia

in a few of weeks with some shiny hardware.

"We're going to be a very good team," he said. "I think we're going to be able to medal over there."

Import draft keeps Herd GM very busy

MATTHEW WUEST
matthew.wuest@metronews.ca

Cam Russell's phone was ringing off the hook yesterday.

The Halifax Mooseheads' general manager was busily preparing his list of candidates to select at the No. 28 slot in today's Canadian Hockey League import draft.

"I've had to recharge my cellphone twice already today," Russell said late yesterday afternoon. "You try to use as many connections as you can and just try to do your homework so you're not caught with your pants down on draft day."

An unexpected turn of events has left Russell in an unfortunate position. His predecessor, Marcel Pate-naude, traded what eventually became the No. 1 overall import pick to the Saint John Sea Dogs to acquire Pascal Amyot.

That trade became a devastating blow when Czech sniper Jan Stransky decided

he was done with the Mooseheads and signed a two-year contract in his home country.

Russell said a 17-year-old would be ideal, even if the player isn't prepared to report until 2010-11. He said he isn't drafting by position because his team — coming off a last-place finish — needs help just about everywhere.

"We're open to bringing in the best player right now," Russell said. "We're trying to get younger and we're going to play our young guys. We're going to take our lumps, but we're not bringing guys in just to sit in the stands all year."

Czech forward Tomas Knotek, the Mooseheads' reigning team MVP, is the only European on the roster.

Halifax is scheduled to pick at 3 p.m.

For coverage of the Mooseheads' pick on Tuesday, visit Matthew Wuest's Q Files blog at: metronews.ca/qfiles

Sports in brief

PADDLING Six Nova Scotians have made Canada's roster for the junior world championships, July 31-Aug. 2 in Moscow. Four Dartmouth teens — kayakers Adam Tenwolde and Patrick Vaughan and canoeists Mark James and Jason McCoombs — cracked the men's roster, while Fall River's Michelle Russell and Kentville's Alexa Irvin made the women's kayak team.

PADDLING Genevieve Orton has clinched a spot at the world sprint canoe-kayak championships alongside Olympians Andrew Russell of Dartmouth and Karen Furneaux of Waverley.

The Lake Echo native made Canada's roster with a strong showing at last weekend's national team selection trials in Dartmouth. Worlds are in August on Lake Banook.

HOCKEY Former Halifax Mooseheads captain David Brine has received a qualifying offer from the Florida Panthers, the Sun-Sentinel newspaper reports. This means the Panthers intend to re-sign the Bible Hill native to keep him in their system. Brine, who played nine NHL games in 2007-08, had 31 points in 79 games with the American Hockey League's Rochester Americans last season. **METRO HALIFAX**

Sports in brief

BASEBALL Jeff Niemann out-duelled a returning Roy Halladay in the Tampa Bay Rays' 4-1 win over the Toronto Blue Jays in the opener of a three-

game set at the Rogers Centre yesterday.

SOCCER Manchester City are believed to have made a \$47-million offer for Barcelona

star Samuel Eto'o and are reportedly willing to pay him a staggering \$415,000-a-week wage.

HOCKEY The Pittsburgh Pen-

guins agreed to terms on a one-year contract with unrestricted free agent forward Bill Guerin yesterday.

METRO NEWS SERVICES

Beachside Family Park
Sandy Bottom Lake, Annapolis County, NS
902-532-7320 • Off season: 902 532-2334

Family Fun in the Sun

Come Camp in Our Park and Play on Our Beach
Campsites • Cabins • Hostel
Free supervised public swimming
Beach volleyball
Canoe/pedalboat rentals
Canteen • Campfires & much more!

ravenhaven@annapoliscounty.ns.ca • www.annapoliscounty.ns.ca
Click on Recreation for more information on parks, trails, bicycling, & hiking

Murray wins thriller under new roof

WIMBLEDON A new layer of mystique was added to Wimbledon's unique charm yesterday when Andy Murray survived a five-set sweat-fest against Stanislas Wawrinka under Centre Court's new roof and long after darkness had descended.

Thousands roared Mur-

ray to a 2-6 6-3 6-3 5-7 6-3 victory against the inspired Swiss 19th seed.

Murray's late night drama trumped a dazzling day which saw five-times champion Federer, women's holder Venus Williams and sister Serena ease into the last eight. **REUTERS**

Lexus RX 450h now in Canada

The all-new 2010 Lexus RX 450h is now available across Canada at a manufacturer's suggested starting price of \$58,900. **METRO NEWS SERVICES**

15

Metro Drive



Record car wash

On June 20, over 140 CARSTAR Collision Centres in Canada and the U.S. washed more than 6,000 cars, earning the Guinness World Record title for the largest car wash. The event also raised more than \$100,000 for Canadian charities. **METRO NEWS SERVICES**

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONETWORKS.CA

A different Wrangler

Jeep adds more oomph to remodelled version

ROB BIENTEMA
for Metro Canada



Before the Jeep Unlimited's 2007 model debut, Jeep lovers looking for size options were restricted to aftermarket alterations, done by shops like the WhataJeep garages I once visited in Amarillo, Texas. Their six-door canvas-roofed, stretched limo versions and pickup conversions are still worth checking out online.

Now, a few of the dedicated die-hards, with all the possessiveness that passion gives you, may have been dismayed when the company committed to making this factory-built stretched-out model. But anyone that's lived with the pitch-and-yaw of the short-wheelbase version, banged their shins and suffered leg cramps up front or tried to cram kids and cargo in back, wouldn't take long to realize that a roomier four-door can only be a blessing, while still in the guise of the bush-bashing original.

The Jeep Wrangler Unlimited stretches the latest generation JK platform by 52 cm to a 2946 mm (116")



The 2009 Jeep Wrangler Unlimited was designed to win over customers who always wanted a Jeep Wrangler, but who also need more space and versatility of a bigger, roomier four-door model.

wheelbase. And, yeah, while it's bigger and wider, the four-door Unlimited still offers a best-in-class approach angle of 44.4 degrees, breakover angle of 20.8 degrees, and also a best-in-class 40.5 degree departure angle for tough trails and rock-hopping.

I find the Jeep Unlimited deceptive in size. Its boxy shape doesn't look all that much bigger from the outside but climb into the

seats and it feels like the big SUV it is. With a high vantage point and utilitarian interior, the Jeep Unlimited emanates a trucky feel and flavour in everything from the engine roar to the stiff suspension, ride and handling.

This was emphasized in my as tested Sahara model by the standard manual six-speed shifter. An optional four-speed automatic is available for about a thou-



sand bucks or so more.

The Unlimited harnesses a 3.8-litre OHV V6 making 202 hp and 238 lb/ft of torque. It's not hard to stay within the ballpark of fuel economy ratings of 14.1/10.8L/100 km (city/hwy).

There's enough big-six torque to skip shifts if you

2009 Jeep Wrangler Unlimited X

Type: Four-door sport utility

Price: from \$24,695

Engine: 3.8-litre OHV V6 (202 hp/238 lb/ft)

Highlights

- Spacious
- New colours

feel like attentively keeping the revs near the 1000 rpm mark. And a tall manual sixth gear has the motor loping at an easy 1800 rpms at highway speed.

Other changes and additions for this year's model include a drop-in bin with coin slots added to the full center console, storage nets added to lower centre stack and side of the centre console and two new colours — Sunburst Orange Pearl and the very handsome Deep Water Blue Pearl that my tester came dipped in.

This is not just a vehicle. It's a lifestyle choice, carrying forward all the traditional flavour and open-top driving style of the original.



The new Astra will debut at the Frankfurt Motor Show in September.

Photo reveals interior of new Astra

FIRST LOOK The first interior pictures of the Astra, currently sold in Canada as a Saturn, which will debut at this September's Frankfurt Motor Show, have been released.

The new Astra's interior marks a major shift towards premium design and quality in the compact sector, and continues the design evolution which started five years ago with the current Astra.

As you look at the Astra's wraparound instrument panel, which embraces both front seat occupants, the wing design is immediately visible as it arcs across the cabin into the door-top mouldings.

FROM CARGUIDE

AutoPilot

Michael Goetz

WILL RETURN

The All-New 2010 Mazda3

The 2010 Mazda3 is a sports compact that exceeds consumers' expectations by offering a distinctive design, superbly balanced dynamic performance, and a high level of quality and craftsmanship.

**Many in-stock to choose from!
Drop by for a Test Drive Today!**

Keith MacNeil Chris Hubbard Wayne Murray Bob Farrell Brian Merriam Nick Sypher Richard Gaetan Stephen Wong Jonathan Hartley

660 Portland St., Dartmouth **462-6600** 1-800-565-6600

READY TO ROLL OUR PRE-DELIVERY COMMITMENT MEANS EVERY NEW MAZDA IS CHECKED OUT, GASED UP, AND FITTED WITH FLOOR MATS.

MAZDA GRADUATE PROGRAM MAZDA Regional LEASE

ASK ABOUT STEELE MAZDA'S 4 YR./80,000 KM MAINTENANCE PROGRAM

www.steeleauto.com

Why do so many people choose Steele Mazda for their next vehicle?

- Our Professional Sales Team
- Selection Second to None
- Halifax/Dartmouth Shuttle
- No1 Rated Service Department
- Thousands of Happy Customers
- Approachable & Friendly Staff
- Guaranteed Best Price in Town!

Call or drop by to SAVE!

Steele
MAZDA

The nissan cube Team

will be touring H.A.M in July.



cube schedule week 1

Wednesday July 1

- Noon - 6pm Halifax Waterfront

Thursday July 2

- Noon - 1pm - O'Regan's Nissan Halifax
- 1pm - 2pm - O'Regan's Nissan Dartmouth
- 3pm - 6pm - Halifax Waterfront

Friday July 3

- 2pm - 8 pm - Dartmouth Crossing
- 9pm - 11pm - Argyle Street

Saturday July 4

- 8am - 12pm - Farmers Market
- 1 pm - 6pm - Mobile Bedford
- 7pm - 10pm - Virgin Festival

Sunday July 5

- 1pm - 3pm - Halifax Waterfront
- 3pm - 6pm - Mobile Herring Cove

For your chance to win awesome prizes like surfboards, swimsuits, beach packages and more, visit

www.getinacube.com



0% | Purchase
Financing
for 60
months

Starting From
\$15,298**

\$169* | Lease
for 60
months

OR Up to \$2,000

Good decision cash incentives on 2009
Sentra 2.0S, 2.0SL, SER and SER SPEC V



\$1,000 GRAD REBATE

Consumers Digest Best Buy Award 2009 • AutoPacific ideal vehicle IVA award – Best-in-Class
ideal Vehicle award – Economy Car • Largest Passenger Volume in its class
• Highest Horsepower in its class • Nissan advanced six standard airbags

0% | Purchase
Financing
for 36
months
Starting From
\$13,998**
\$149* | Lease
for 60
months



Good decision cash incentives on
2009Versa Hatchback 1.8 SL



\$600 GRAD REBATE



LOWEST MSRP IN CANADA • Nissan advanced six standard airbags • Largest Passenger Volume in it's class

\$1,500 | incentive on select models
New Cash Price
\$10,998**



\$600 GRAD REBATE

WWW.OREGANSNISSAN.COM



NISSAN

HALIFAX - 3461 KEMPT ROAD • 902-453-2020
DARTMOUTH - 60 BAKER DRIVE, UNIT C • 902-469-8484

[illegible]

Love at first ride

ROB BIENTEMA
for Metro Canada

Sometimes the romance can fade from a relationship.

When the early fascination fizzles and fades, well, we've all seen it before — the listlessness, the roving eye, the increased inattention.

And then, before you know it, it's all over.

And a perfectly good motorcycle is back at the dealer, looking a little forlorn (if motorcycles can look forlorn) with a 'just like new' sign hanging from the handlebars.

How do we prevent these tragedies from happening?

Well, taking a cue from those women's magazines that seem to go on and on about the vagaries of stuff like relationships, the keys seem to be things called "common goals" and "shared interests."

As good as the idea of "just taking a ride" may seem, frequency can build too much familiarity, and with every ride it just gets harder to find someplace you haven't been before.

So, to relieve biker boredom, riders can try spicing up the relationship with a

2009 Honda CBF1000

Price: from \$11,999
Engine: 998 cc DOHC liquid-cooled inline-four
Transmission: Six-speed with O-ring-sealed chain final drive

Highlights

- Affordable pricing
- Balance of agility, long haul comfort, cargo utility and power
- Good looks

little adventure. Pick a goal. Maybe a quest for the perfect antique auto ashtray. A hunt for a Bobby Orr rookie card. Or whatever the heck it is that turns your crank.

I once spent an entire summer visiting every second-hand bookshop within a day's ride, looking for a particular paperback missing from a series.

In the spirit of that blend of adventure and exploration, Honda launched the CBF1000 motorcycle this year.

Granted, you can do this kind of thing on any bike, but the multi-faceted CBF1000 brings a blend of abilities and a personality peculiar to that kind of pursuit. The half-faired

sport touring chassis mixes agility and three-position, height adjustable upright seating comfort, adjustable windscreen, on-road civility and a little off-road ability with the sport power of an inline-four one-litre engine.

As tested, the bike also came with convenient hardshell panniers and optional grip heaters. Other add-ons can include a top box, knuckle deflectors, tank pads and carbon fibre trim pieces.

My tester also came with a very user-friendly Garmin Zumo 550 nav system mounted on the handlebars to help explore the unknown nooks and crannies of the countryside. At the

time of the test, Honda was looking into adding the Zumo system as an option and I see now that it is listed on the website. In its second year, the CBF1000 will carry on unchanged except for the annual colour shift — Pearl Siena Red for 2009 models.

"You'll love this bike," said Kim, the motorcycle maven at Honda.

And she was right. The balance of agility, long haul comfort, cargo utility and power without a weight penalty seems perfect for that Euro-practical kind of riding that leaves behind all that silly poseur North American-style brand bias and ego eccentricity.

It works. And the

Power, utility, versatility and long haul comfort and convenience just a few of the items on the list that begins to describe the CBF1000, a new Euro-style litre bike for a new adventure category.



A four dial display, optional grip heaters and available Garmin Zumo 550 Navigation, features geared toward everyday commuting and new motorcycling adventures.

CBF1000 comes in at a nice price too, starting at \$11,999, less than most sport bikes, about \$2K less than the more-offroadish

V-twin Varadero and slotting in at a significant \$7K less than the next step up in the sport touring class — the ST1300.

Ford Escape plugs into grid test program

Hydro-Québec has joined Ford's North America wide demonstration and research program on plug-in hybrid electric vehicles (PHEVs).

Ford, in collaboration with the Electric Power Research Institute (EPRI), is undertaking a three-year test program on the Ford Escape PHEV designed to develop and evaluate technical approaches for integrating PHEVs into the electric grid.

EPRI has identified nine utilities across North America to test drive the vehicles and collect data on battery technology, vehicle systems, customer use and grid infrastructure. Ford has provided 21 vehicles for the real-world trials and Hydro-Québec is the only Canadian company participating in the program.

Refuelling costs for an average vehicle driven 18,000 km per year would be \$244 as opposed to



Ford is undertaking a three-year test program on the Ford Escape PHEV designed to develop and evaluate technical approaches for integrating PHEVs into the electric grid.

\$1,383, which is six times less costly.

The average consumption of one million all-electric vehicles, which represent 25 per cent of Quebec's cars, is 3 TWh, the equivalent of the annual generation of the Eastmain-one hydroelectric facility.

The electrification of vehicles has sparked significant interest in the U.S. and Canada. PHEVs are one element of our blueprint for sustainability that includes actions ranging from refinements in gasoline fuelled engines and transmissions, to the de-

velopment of battery electric vehicles.

The collaboration between Hydro-Québec, Ford and EPRI represents a valuable contribution to the development of commercially viable plug-in hybrid electric vehicles, said Arshad Mansoor, vice-presi-

dent of power delivery and utilization at EPRI. The expansion of field testing into Canada will enable us to gather the data required for the seamless integration into the grid while providing a pleasant driving experience.

The Ford Escape Plug-In Hybrid, a research vehicle using high voltage, lithium-ion batteries, uses common household current (120 volts) for charging. Full charge of the battery takes six to eight hours.

When driven for the first 48 km following a full charge, the Ford Escape PHEV can achieve up to 2L/100 km approximately. The vehicle is not range-limited by the amount of charge available in the high-voltage lithium-ion battery, because once the charge in the battery has been depleted, the vehicle continues to operate as a fuel efficient, standard Ford Escape Hybrid.

FROM CARGUIDE

Nissan cube makes cool new car list

BLACK BOOK CHOICE The all-new 2009 Nissan cube has been named a 2009 Top 10 Coolest New Car Under (US) \$18,000 by Kelley Blue Book's kbb.com in the United States.

In selecting the new cube in its first year of eligibility, the editors from Kelley Blue Book's kbb.com stated that "high fashion and a low price make the Nissan cube an excellent choice for buyers who want to look cool on a budget."

"The cube takes the compact box concept and elevates it with distinct details like asymmetrical rear styling and a supremely roomy and flexible interior."

Available cube technologies include the Nissan intelligent key with push button ignition and Bluetooth hands-free Phone System.

FROM CARGUIDE



INFINITI®

Pick your car for
\$37,990
on remaining demo vehicles.



2008
INFINITI G37

2
remaining

All wheel drive
Blue Tooth enabled
MP3/XM Radio
Intelligent Key System
3.5L Engine



2008
INFINITI EX35 SUV

1
remaining

All wheel drive
Blue Tooth enabled
MP3/XM Radio
Intelligent Key System
3.5L Engine

Competitive lease and financing available. All models 6 months old with less than 12,000kms

*plus freight, fees, and taxes. See dealer for details.



O'REGAN'S
DRIVING HIGHER STANDARDS

INFINITI

3461 Kempt Road, Halifax • (902) 455-5800
contact: Allan Dwyer, Mike Botchett or Doug Botchett
adwyer@oregans.com • oregansinfiniti.com

A road test conducted by Car and Driver magazine has found that reaction times were longer for drivers who were text messaging than for those who were legally impaired, Canadiandriver.com reports. **METRO NEWS SERVICES**



Driving through the lush mountains of Scotland is a road tripper's dream come true.

Where streets have no name

EMMA E FORREST
Metro World News



Forget flying, the best way to see a country is to drive it. When you travel by

plane you are dropped in to your destination without any geographical context.

Why would you stay in a hotel for a week when you can set your own agenda, and find adventure in a car? Get in the car and you can get to see the place in detail, stop off spontaneously at interesting places, and avoid the hassle of unpacking at every destination.

But some of you don't need convincing. If you love driving then you'll already be planning the route for your summer road trip. There are plenty of great places to drive in Canada. But here are my favourites from Europe and the United States:

SOUTH TYROL

Fly into Venice and you cruise towards the mountains of South Tyrol, where you'll find open, empty roads leading you to beautiful scenery of green mountains punctuated by picture-box villages. A great place for foodies; thanks to its location, South Tyrol offers a 'best of' of Italian and German gastronomy.

HIGHLANDS OF SCOTLAND

You won't believe the wild landscapes of the glens of the Scottish Highlands until you see them. Start in Glasgow and cruise between the lochs in the Trossachs National Park, then take off through Glencoe towards Ben

Nevis, or fly into Inverness for an even more dramatic route. The further north you drive, the wilder the scenery, the fewer cars — and other signs of life — you'll see. But one thing stays consistent, the perfect quality of the roads. Check for routes at www.visitscotland.com/guide/inspirational/itineraries

AMALFI COAST

For a romantic road trip, cruise between the stunning towns that cling to the cliffs of the Amalfi coastline along the bay of Naples.

The nail-bitingly-high, winding coastal road offers thrilling views and challenging drives as the locals are foolhardy on those scary corners.

WEST COAST AMERICA

A good road trip involves breathtaking landscapes and surprising variety, and they don't come better than this.

Drive up the west coast of America and you'll take in the long empty roads, Joshua trees and the barren landscapes of Arizona, the staggering vision of the Grand Canyon, the glamour and glitz of Las Vegas, the hectic cruising lifestyle in Los Angeles and Hollywood, the lush greenery of the Napa Valley, the famous rolling roads of San Francisco up through the Redwood forests to hip city of Seattle and the refreshing mountains of Oregon. Phew!



Forget flying around. The best way to explore a country is by throwing you stuff in the car and heading out on the road.



SATURN

NEW LOW PRICE. SAME HIGH VALUE.



2009 ASTRA® 3-Door XR model shown

2009 ASTRA XE **\$13,890**

CASH PURCHASE PRICE, STARTING AT

INCLUDES LOYALTY CASH BONUS*

HWY - 6.1 L/100 KM (46 MPG)° CITY - 8.5 L/100 KM (33 MPG)°

* Available in 3-door and 5-door models
* German design; built in Belgium

Now any Saturn owner can save up to
\$2,000 £
Offer ends June 30, 2009

Best coverage in Canada with a
FULLY BACKED WARRANTY†
5 years/160,000 km

2009 VUE® XR Red Line model shown



2009 VUE XE

CASH PURCHASE PRICE, STARTING AT **\$19,925**

INCLUDES LOYALTY CASH BONUS*

HWY - 7.5 L/100 KM (38 MPG)° CITY - 10.9 L/100 KM (26 MPG)°

* 2009 TOP SAFETY PICK AWARD winner from the Insurance Institute for Highway Safety†
Also available as a **HYBRID**

2009 AURA® XR model shown



2009 AURA XE

CASH PURCHASE PRICE, STARTING AT **\$17,995**

INCLUDES LOYALTY CASH BONUS*

HWY - 5.9 L/100 KM (48 MPG)° CITY - 9.4 L/100 KM (30 MPG)°

* Better fuel efficiency than the Accord or Camry (excludes hybrids)
Also available as a **HYBRID**

YOUR EXPERIENCE BEGINS AT **saturn.ca**

Saturn Saab of Halifax

3330 Kempt Road, Halifax 453-2770

Saturn of Dartmouth

10 Baker Drive, Dartmouth 462-2299

SPECIAL PURCHASE

**HURRY! ONLY
115 REMAINING!**

**LOW
KMS!**

Pw, Pdl, Cr, Tilt, A/C, P Seat,
Pwr Pedals, Alloys, AM/FM/CD,
3.5l V6. Custom Demon
Decals and Spoilers!
SEVERAL COLOURS TO CHOOSE FROM



\$85^{*}
WEEKLY!
TAX INCL!**

**2008 DODGE
CHARGER
DEMON EDITION**

**STARTING AT
\$19,777***

**HURRY! ONLY
63 REMAINING!**

**LOW
KMS!**

Pw, Pdl, Cr, Tilt, A/C, P Seat,
Leather Wrap Steering Wheel,
Audio Controls, Alloys, Sunroof,
AM/FM/CD, Fog Lights, 2.7l V6
Custom Decals and Spoilers!
SEVERAL COLOURS TO CHOOSE FROM



\$75^{*}
WEEKLY!
TAX INCL!**

**2008 DODGE
AVENGER
DAYTONA EDITION**

**STARTING AT
\$17,777***

GREAT FREE GIFTS TOO!

Purchase either of these vehicles before July 30
and choose one of the following gifts...

**AUTO
START**

**26"
LCD TV**

**BLUE
RAY
PLAYER**



DARTMOUTH
CHRYSLER JEEP DODGE

Where Nova Scotia Comes to Save!

* Price Plus Tax and Fees. ** 84 month term OAC. See dealer for details. Vehicles may not be exactly as illustrated.

At reactine.ca, find out what's making you sneeze. Click on the Pollen Map tab and, on the drop-down menu, select the province you live in and the month. It will show you which plants or trees are causing your allergies at this time of year. **BEST HEALTH MAGAZINE**

Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Pursuit of happiness

Canadian women more satisfied than their U.S. sisters

Talk about a hot-button issue: Despite women's social and economic gains over the last 35 years, more American women report being less happy.

In fact, a new gender gap has emerged: Men are now happier than women.

That's according to a study, *The Paradox of Declining Female Happiness*, by two University of Pennsylvania economists to be published in the *American Economic Journal* in August.

But the word's out, igniting gender battles online as both sides point fingers. "Typical complaining women," and "raving, loony feminists," snipe some males. "We have too much to do," and "sexist jerks," females retort.

Happiness, it turns out,



According to an American study, men are happier than women; but not so in Canada, says an expert.

is far more nuanced than that and varies by nationality. A Canadian expert says women here not only still top men in life satisfaction,

but also score higher on the happiness scale — which includes issues of social security — than their sisters to the south. Who knew?

It's too early to tell if the American findings are a harbinger of a new gender gap here, of women's waning well-being.

"Is it indicative of social trends that will catch on and spread, or is it just a feature of U.S. life?" economist John Helliwell of the Canadian Institute for Advanced Research asks rhetorically. One potential sign: Canadian teenage girls are reporting less life satisfaction than the boys.

Betsey Stevenson, co-author of the Paradox study,

has no easy answers. This pursuit of happiness business is serious stuff. Economists use such life satisfaction findings to help evaluate public policies, explains the assistant professor at the University of Pennsylvania's Wharton School.

She and co-author Justin Wolfers analyzed three different U.S. surveys going back to the 1970s. In all three, women's delight in life diminished more than men's. That held true for women of all ages, education levels, married or single, working or not, mothers or childless.

TORSTAR NEWS SERVICE

Canadian women top men in life satisfaction, says expert

Tips to zap summer zits

CELIA MILNE
For Metro Canada



SKIN CARE And you thought winter was hard on your skin! Summer is tough too — hot weather and humidity can clog pores and make skin feel greasy.

Two rules to remember if you have acne: Don't pop your zits (this prolongs the healing process) and don't skip your moisturizer. Drying out your skin can stimulate more oil production.

Use a cleanser and a moisturizer that are oil-free, suggests dermatologist Dr. Jensen Yeung, director of The Psoriasis Clinic and co-director of the melanoma pigmented lesion clinic at Women's College Hospital.

Yeung likes Clean & Clear products because they have been studied extensively and formulated carefully for both teenage

and adult acne.

Try Clean & Clear Deep Action Refreshing Gel Cleanser to clean your skin, and then Clean & Clear Morning Burst Shine Control Moisturizer to hydrate skin all day.

"It generally takes around four weeks to see noticeable results," says Yeung, who adds that it is important when starting a new skin-care regime to follow instructions carefully. Don't use the products more often or less often than advised.

Don't skip the moisturizer in the summer. Drying out skin can stimulate more oil production.



ISTOCK PHOTO

Health in brief

STUDY Women who take a multivitamin during pregnancy are far less likely to deliver underweight or premature babies, says a study published recently in the *Canadian Medical Association Journal*. The finding should prompt the World Health Organization to change its prenatal vitamin policy, which currently distributes folic acid and iron to

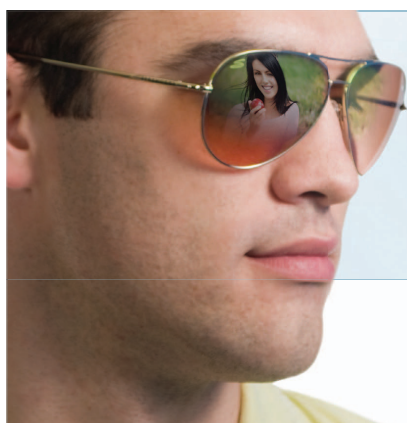
expectant mothers in developing nations, the study's lead author says. "The WHO's policy suggests ... there is no advantage to multivitamins," says Dr. Prakesh Shah, a neonatologist at Toronto, Ont.'s Mount Sinai Hospital. "We found that (multivitamins) will lead to a 17 per cent reduction in low-birth-weight births."

TORSTAR NEWS SERVICE

25-70% OFF
• SUMMER •
CLEARANCE SALE

off the hanger

CLOTHING THAT FITS YOU, YOUR LIFE, YOUR STYLE!
406.4000 • 1551 South Park St. (across from Public Gardens)



SAVE \$50 AND ENJOY THE VIEW

SAVE \$50 on designer sunglasses with prescription lenses at all of our 4 locations: Sackville, Spring Garden, Scotia Square, Spryfield
902.454.2020 | www.enjoytheview.ca

Present coupon at time of purchase. One per customer. Not valid with any other offer. Expires Sept 30th 2009

Doctors
Eye Clinic

Find the right polish for you

Click on the Try-On This Color tab at opi.com to see what the different shades of polish will look like with your skin tone. **BEST HEALTH MAGAZINE**

health & beauty **23**

Canada the risqué

A look at how far our national sexual identity has come along

The **J Spot**

Josey Vogels

metronews.ca/thejspot

Canada has a colourful sexual history. While Pierre Trudeau's statement that the government had no business in the bedrooms of the nation undoubtedly influenced Canadian sexual values, it was in fact the bill he was introducing at the time — the 1967 Omnibus Bill — that has probably had more impact on our national sexual identity than any piece of legislation since. This bill made birth control and abortion more available, divorce more accessible and removed homosexuality from the Criminal Code.

Less than a decade previous to this, Canada wasn't quite as sexually liberal. The D.H. Lawrence classic *Lady Chatterly's Lover* was considered criminally obscene at least in Quebec as late as 1959.

But a decade after the Omnibus Bill, in 1977, Quebec became the first province to include sexual orientation in its Human Rights Code. It took the



The 1967 Omnibus Bill had enormous impact on our country's sexual identity, it removed homosexuality from the Criminal Code.

Supreme Court of Canada until 1995 to rule that sexual orientation is protected under the Canadian Charter of Rights and Freedoms but the feds made up for it by becoming the fourth country in the world to legalize same-sex marriage in 2005.

And, in the same year that gay people were celebrating their legal entry into the world of heterosexual monogamy, straight married couples were celebrating their legal right to have recreational sex with someone other than their partner when, in December of 2005, swingers' club were legalized in Canada.

You could also blame our liberal sexual attitudes on Niagara Falls. According to Chris Gudgeon, author of

The Naked Truth: The Untold Story of Sex in Canada, by 1867, Niagara Falls had become the Honeymoon Capital of the World because it was "a potent symbol of the awesome natural limitlessness of the new country." From the start, Gudgeon argues, "Canada and sex were linked in the world's imagination."

Our sexy rep has been solidified by people like Gwen Jacobs who took off her top on a hot day in Guelph, Ont., back in 1991, asserting she had just as much right to go topless as men. The court agreed and it became legal for women to go topless in Ontario. Toss in our nude beaches, like Wreck Beach in Vancouver and Hanlan's Point on Toronto Island, the fact that



Toronto is home to the Naked News (nakednews.com) and The History of Contraception Museum, featuring the world's biggest collection of contraceptive devices, and you've got one sexy country. Happy sexy Canada Day!

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

U weight loss[®] clinic

GUARANTEED WEIGHT LOSS • CALL 902.431.8746
www.uweightloss.com

Family Styles
252-7070 Hair Care, Tanning & Esthetics

Kim Nguyen

Formerly from La Dolce Vita Salon and Spa

Manicure
Pedicure
Microdermabrasion
Non-surgical Face Lifting
Acne Treatments
Threading
Facial & Body Waxing
Body Massage



225 Cobequid Rd, Unit 5,
Lower Sackville

Antoinette's
Esthetics and Nails Ltd

444.9222
16 Titus Street, Halifax

Get Your Feet Ready for Summer with an Enhanced Pedicure

\$35.00
plus tax

www.antoINETTES.ca



The Tea Brewery

Nova Scotia's Finest Specialty Tea and Teaware

Watch for the opening of our **NEW LOCATION** in early July!

Main Street, Mahone Bay
624-0566



443-3474

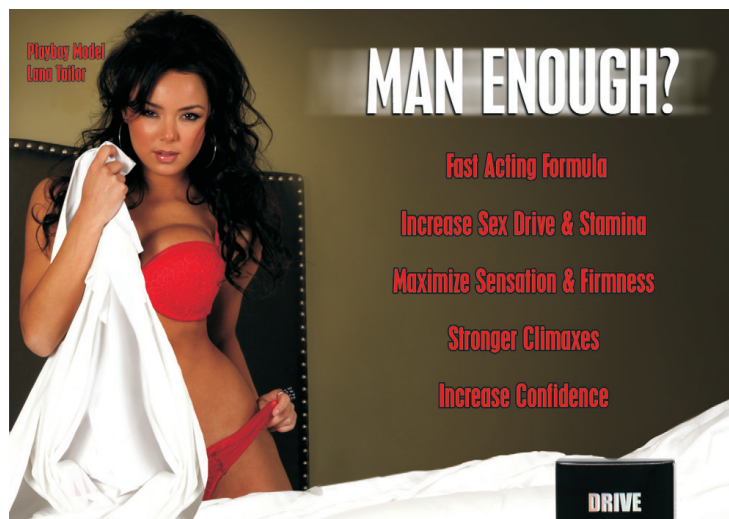
Bringing you Quality, Service, Variety and Value since 1948.

Happy Canada Day from Management and Staff!

We have lots of lobsters and fresh seafood to help you celebrate.



**Fishesman's Market 607 Bedford Hwy.
Open Canada Day 11am-5pm**



MAN ENOUGH?

Fast Acting Formula

Increase Sex Drive & Stamina

Maximize Sensation & Firmness

Stronger Climaxes

Increase Confidence



Based on a Nobel Prize winning clinical study conducted at the Institute of Sexology in France, Drive is the award winning sexual performance formula for men. Drive's **fast acting ingredients** increase male libido, maximize performance and improve sexual confidence. It gives you the psychological and physiological boost you need to increase stamina, desire and sexual pleasure for both you and your partner. Get ready to rev her engine!

WWW.DRIVERX.CA

1.888.228.4826

Available at retailers nationwide

Reaper co-star Missy Peregrin landed the lead role on the Canadian cop drama Copper, which will air on ABC. Copper centers on Andy McNally (Peregrin), a newly minted cop fresh from the academy and the daughter of a homicide detective. **REUTERS**

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

Jackson family seeks custody

The Los Angeles coroner's office yesterday dismissed as inaccurate a British newspaper report that said Michael Jackson was emaciated and almost bald when he died suddenly last week.

As the Jackson family clan gathered in Los Angeles to consider funeral details befitting the worldwide outpouring of affection for the King of Pop, the singer's mother filed court papers seeking custody of his three children.

Katherine Jackson asked the Los Angeles Superior court to appoint her guardian of Prince Michael, 12, Paris Katherine, 11, and Prince Michael II, 7, saying they have "no relationship with their biological mother."

The first two are Jackson's children from his ex-wife Debbie Rowe and the third from an unidentified surrogate mother. A hearing was set for Aug. 3.

Two inconclusive autopsies have been carried out on Jackson — one by the Los Angeles County Coroner's office and one by a private pathologist. Toxicology tests are expected to take several weeks.

Jackson, 50, died suddenly of cardiac arrest at his rented Los Angeles home on Thursday, just a few weeks before a planned string of 50 comeback concerts in London.

Assistant chief coroner Ed Winter said details reported in the British Sun tabloid about Jackson's condition did not come from either the private or the county autopsy.

"I don't know where that information came from, or who that information came from. It is not accurate. Some of it is totally false," Winters told reporters.

Claiming it had seen a leaked autopsy report, The Sun said Jackson was wearing a wig when he died to cover his "peach fuzz" hair, weighed only about 112 pounds (51 kg), that his hips, thighs and shoulders were riddled with needle wounds, and that his stomach was empty apart

from partially dissolved pills.

Jackson admitted in 1993 that he had an addiction to painkillers, but he had recently passed a lengthy medical exam ahead of the London concerts.

Civil rights leader Al Sharpton met with the family in Los Angeles on Monday to discuss a world-



Katherine Jackson, mother of Michael Jackson, is seeking custody of the late pop star's three children.

wide tribute to Jackson and plans for preserving a legacy that changed the shape of music videos and influ-

enced a new generation of R&B singers.

"I'm here to make sure Michael gets in death what he never got in life — he never got credit," Sharpton told reporters after arriving in Los Angeles, where he attended the Black Entertainment Television awards with Jackson's father Joe.

Joe Jackson told reporters on Sunday that funeral arrangements for the King of Pop were still being discussed but a family friend said services could take place on Wednesday and the body could be buried at Jackson's famous Neverland Ranch in central California.

Tension over Jackson's mysterious death surfaced at the BET Awards, which became a tribute to the singer's musical genius. Some stars bristled over

"I'm here to make sure Michael gets in death what he never got in life — he never got credit."

Al Sharpton

media coverage of Jackson's downward spiral during the last decade, filled with accusations of child molestation and bizarre behavior.

Los Angeles police said after questioning Jackson's personal doctor over the weekend that they did not consider him to be a suspect. Dr. Conrad Murray, who was at Jackson's side when he died, told police he did not inject the singer with painkillers before his cardiac arrest on Thursday. **REUTERS**

OVER 2,000 PERFORMERS...



ROYAL NOVA SCOTIA INTERNATIONAL TATTOO
JULY 1-8
HALIFAX METRO CENTRE

TICKETS (902) 451-1221
www.ticketatlantic.com

BET Awards show turns into tribute to Michael

PEOPLE Top black performers paid high tribute to fallen pop star Michael Jackson at Sunday's BET Awards where his sister Janet Jackson and father Joe Jackson made their first public appearances since the singer's death.

The show's most moving moment came in a final tribute when Janet, a pop star in her own right, took the stage to thank the audience for turning out to honour her dead brother.

"To you, Michael is an icon. To us, Michael is family, and he will forever live in all of our hearts," said Jackson, her voice choking as she held back tears. "On behalf of my family and myself, thank you for all of your love. Thank you for all of your support, we miss him so much."

She was followed by host Jamie Foxx and R&B singer



Janet Jackson at the BET Awards in Los Angeles, Calif.

Ne-Yo singing a tender duet of Jackson's hit 'I'll Be There', while pictures of Jackson were displayed on a giant video screen.

A member of 1970s brother band The Jackson 5 and a musical sensation, Jackson's 1982 smash

Thriller is the best-selling album of all time, and Jackson was a major influence on R&B, hip hop and many other forms of music for 40 years.

Jackson died suddenly from cardiac arrest at age 50 in his Los Angeles

BET winners

- Best Male R&B Artist: Ne-Yo
- Best Female R&B Artist: Beyoncé
- Best Group: Day 26
- Best Male Hip Hop Artist: Lil Wayne
- Best Female Hip Hop Artist: M.I.A.
- Best New Artist: Keri Hilson
- Best Actor: Will Smith
- Best Actress: Taraji P. Henson
- Best Female Athlete: Serena Williams
- Best Male Athlete: LeBron James

home on Thursday. The BET Awards, which annually honour African American singers, actors, actresses and athletes, transformed into a tribute to the pop superstar.

In the front row, Joe Jackson watched performances by the likes of Beyoncé, Jay-Z, Lil Wayne and the O'Jays, most of whom either gave testimonials to Jackson or in some way highlighted his influence on their own careers.

Ahead of the show, Joe Jackson told Reuters that if

his son were there, "He would have said, 'I love you all,' that's what he would have said."

Show host Jamie Foxx put the program in party mode from the start, dancing Jackson's famous moonwalk, singing his hit song Beat It and wearing a classic King of Pop costume — red leather jacket and one white glove.

"We're going to celebrate this black man. He belongs to us, and we shared him with everybody else," Foxx said. **REUTERS**

Gloved one tops British album chart

MUSIC Michael Jackson's greatest hits album Number Ones became Britain's top-selling album this week, after his death on Thursday spurred interest in his back catalogue, lifting five albums into the top 20.

Britain's Official Charts Company said Number Ones shot up to the top spot from 121st last week, knocking Kasabian's West Ryder Pauper Lunatic Asylum into second place.

Jackson's albums Thriller, King of Pop, Off the Wall and The Essential also re-entered the top 20.

On the singles charts, Man in the Mirror was his highest entry at number 11, though Thriller, Billie Jean, Smooth Criminal, Beat It and Earth Song also entered the top 40. **REUTERS**

Goodman's all good

Dancing With the Stars judge Len Goodman has admitted he was diagnosed with prostate cancer in March, but tells Britain's Mail on Sunday the disease was caught early at an annual check-up and, after surgery, he feels "right as rain." **EONLINE.COM**



Sonic Youth slows it down

Much-loved band spent far longer than usual on new disc

KEITH CARMAN
for Metro Canada

It only took New York-based alternative/experimental rockers Sonic Youth 30 years to realize that when you're patient, things turn out exponentially better.

Since 1981, guitarist Thurston Moore, bassist/guitarist Kim Gordon, guitarist Lee Ranaldo, bassist Mark Ibold and drummer Steve Shelley have been hammering out albums at the nearly unshakeable pace of every year and a half; in the process, they helped define the No Wave and ensuing noise, indie and alternative rock sub-genres with their avant-garde approach to combining the basic band structure with, well, whatever the hell they wanted.

It's worked, making them last longer than most musical trends. Recent studio effort *The Eternal* (Matador Records) is their 16th overall.

Instantly heralded as their strongest work in years, *The Eternal* knows no limits of praise, a wondrous feat given that their



Sonic Youth helped define the No Wave and ensuing noise, indie and alternative rock sub-genres.

entire catalogue is already considered a high watermark.

That is, almost every one of their releases is considered essential from the likes of legendary acts such as Nirvana all the way down to your neighbourhood jam band.

So what is it about this 12-track effort that shines so bright? *The Eternal* was three years — aeons by Sonic Youth standards — in the making. The band took its time.

"We've been on this reliable track (putting out albums every year-and-a-half) but since we took time off for other endeavours, it took us longer to get to this," admits Ranaldo. "All of that time was good for us to simmer. This

is such a strong record, whatever time it took to make it was worth it."

Otherwise occupied with ventures such as touring in nostalgic support of their revered 1988 effort *Daydream Nation* and creating a travelling museum exhibition based on their deep history, Ranaldo admits that actually getting to *The Eternal* seemed a bit of a chore for Sonic Youth.

However, after hunkering down, they quickly realized that the lengthy time working at it allowed the music to sink in, thereby making its recording smoother and more natural. "We were supposed to start recording this one at the beginning of last year in February or

March but it didn't happen until September," he notes. "We'd put it off for a month and another month. Before we knew it, eight of them had passed."

"Once we got into our studio though, the songs just flowed so easily, we recorded them live," he continues, pondering how patience has affected Sonic Youth.

"What you hear on the album is how the song was recorded at that moment, no overdoing. It's the first or second take because we'd become so familiar and comfortable with the songs. Ultimately though, what it really means is that the songs are indicative of a band who's finally comfortable with themselves."

SHUBENACADIE RIVER ADVENTURE TOURS

Feel the force of the world's highest tides, rafting the mighty Shubie River on power4ed Zodiacs. Ride the Famous Tidal Bore and the ensuing tidal rapids... generating waves from 3-16 feet. Finally, relax at our private lodge situated on 300 acres and enjoy a riverside BBQ.



Reservations & Info:
1-888-878-8687
www.shubie.com

Located 22 km off Highway 102, Exit 10
On Route 215, South Maitland, Nova Scotia

RECOMMENDED BY METRO READERS

Top 5 Dentists

Apollo Dental Centre

"Excellent service. New location. Brand new equipment. Accepting new patients. Appointments that fit your busy schedules."

Dr. W. E. Larder

"I had been going to Dr. Larder at Mumford Family Dental for many years and find the service at this location to be great."

Dr. Philip Amys

"Dr. Amys is always cheerful, offers professional, caring work at all times."

Scotia Dental

"I got a complete smile makeover from Scotia Dental and I couldn't be happier. I'm proud of my teeth now!"

Bedford Dental Centre

"The dentists and hygienists at Bedford Dental Centre are friendly and caring. I always feel like I am being taken good care of when I visit them."

Visit metronews.ca/gigpark for thousands of reader recommendations

Powered by and

Irwin Lake Chalets

Mother Nature, the call of the loons... And You!

6 Cozy log chalets with wood stoves, Barbeques, Trails, Playground, Swimming, Fishing, Canoeing, Skating, Cross Country Skiing & much More!

ONLY 8 minutes from Truro

1866-55-IRWIN (47946)
www.irwinlakechalets.com

Enjoy Nature Year Round

Psychic Fair

Dartmouth Sportsplex: July 3 - 5
Fri 2-10pm, Sat 11-10pm, Sun 11-7pm

ADMISSION: \$5.00 SENIORS \$4.00
\$1.00 off with this coupon.

Readers, Palmists Crystals & More!

www.esp888.com

Join us for the Best Canada Day Event in Nova Scotia

FISHERMAN'S COVE

Our charming community offers a new Marine Interpretive Centre, collectibles from local artisans, seaside boardwalk, shopping, boat tours, great food, and much more!

MARINE INTERPRETIVE CENTRE

Tel: (902)465-6093 Fax: (902)465-6899
office@fishermanscove.ns.ca www.fishermanscove.ns.ca
30 Government Wharf Road, Eastern Passage, NS B3G 1M7

JOIN metro life panel
Become a member today!

Give us your opinion on various topics and enter for your chance to WIN great monthly prizes.
metrolifepanel.ca

Cops-and-robbers classic

Public Enemies

Director: Michael Mann
Stars: Johnny Depp, Christian Bale
Classification: 14A
Rating: ⓈⓈⓈⓈⓈ

CHRIS ALEXANDER
 for Metro Canada



There are many reasons to take in the massive pulp gangster epic **Public Enemies**, and no doubt, the chief feature the studio is banking on to pull in the pundits is the presence of poster boy Johnny Depp.

But in the grand tapestry of it all, Depp's admittedly charismatic performance isn't the most resonant element in director Michael Mann's ultra-stylized, retro shoot 'em up.

The beloved big screen sex symbol stars as real life 1930's American outlaw John Dillinger, who, like the equally loathed/loved Bonnie and Clyde, forged his name robbing banks during the Great Depression, amassing more press than any movie star dared even dreamed of achieving in the process.

His glamorous rampage is dogged by rock jawed FBI agent Melvin Purvis (a typically engaging Christian Bale) and much macho con-



Johnny Depp plays Depression-era American gangster John Dillinger in *Public Enemies*.

frontation and blood spattered gun battles ensue.

Narrative drive isn't the focus of Mann's hypnotic crime opera, rather, like his classic and influential 1995 crime drama masterpiece *Heat*, the accent is on tone, atmosphere, texture and fetishizing violence to the point of lyricism.

When men point Tommy guns at each other and bullets meet bone in a Mann film, it's as ferocious and primal as it is jarringly

beautiful.

And while Depp is never anything less than entertaining as Dillinger, he's basically just being Depp in fancy-lad clothing — likeable and visually striking as always but cartoonish and never really revealing the emotional arc that the character truly requires to make him flesh and blood. Better still is Bale, who excels in a smaller, less showy but more controlled role and gor-

geous French actress Marion Cotillard (*La Vie en Rose*) who adds weight in a complex turn as Dillinger's moll. Better than any of them however, is British actor Stephen Graham (*Inkheart*) who, as psychotic Dillinger accomplice Baby Face Nelson,

steals every scene he's in.

Public Enemies is a towering piece of work, as much a love letter to vintage Warner Bros. gangster melodramas as it is an extension of the shadowy good vs. evil urban jungle Mann began observing in the original *Miami Vice*. In other words, an instant cops-and-robbers classic.

• For *Public Enemies* photos, a trailer and screen times, visit metronews.ca/movies.

Public Enemies screen times

• **Bayers Lake:** Wed-Thu 12:05-12:25-3:30-3:50-6:50-7:10-9:50-10:10
 • **Park Lane:** Wed-Thu 12:15-3:20-6:40-9:50

• **Dartmouth Crossing:** Wed-Thu 11:50-3:05-6:35-9:55
 • **Truro:** Wed-Thu 2:05-6:35-7:30
 • **Bridgewater:** Wed-Thu

2:30-6:50-9:45
 • Times are subject to change. Complete listings are also available at metronews.ca/movies

Transformers 2 year's No. 3 film

The *Transformers* sequel quickly became the third-biggest movie of the year at the North American box office after just five days of release, as the costly robot extravaganza surpassed industry expectations.

Transformers: Revenge of the Fallen, a follow-up to the smash hit of 2007, earned an estimated \$201.2 million since it blasted into theatres Wednesday, distributor Paramount Pictures said Sunday.

Earlier in the week, the Viacom Inc.-owned studio had conservatively forecast a five-day haul in the \$130 million to \$150 million range. But industry pundits said a tally of at least \$175 million was more likely.

"For me the high water mark was, could you get to \$200 million in seven days?" said Don Harris, ex-

Box office history

• The first *Transformers* was the third-biggest film of 2007 in North America, ending up with \$319 million.

ecutive vice-president of distribution at Paramount, adding that his target was met with skepticism by movie-theatre owners.

The biggest movies of the year so far are *Up with* \$250 million and *Star Trek* with \$246 million. The new *Transformers* movie is on track to hit the low \$300 million area by the end of next weekend, Paramount said. "We should have three really strong weeks before *Harry Potter* (and the *Half-Blood Prince*) comes in (on July 15)," Harris said.

The film narrowly missed the five-day opening record

of \$203.8 million set last year by *The Dark Knight*, the second-biggest film of all time before adjusting for inflation. Its \$60.6 million haul on its first day also fell just short of the all-time single-day record of \$67 million, set on a Friday by the *Batman* sequel.

Harris said women accounted for 46 per cent of moviegoers, up from 40 per cent for the first movie, an indication of the franchise's expanding appeal.

Exit surveys indicated that 91 per cent of moviegoers considered the film as good as or better than the first one, Harris said. Critics, on the other hand, were mildly favourable towards the first film, but mostly appalled by the sequel, according to *Rotten Tomatoes*, a website that analyzes reviews. **REUTERS**



you could

Find exclusive
 New York City travel
 offers at alio.ca/nyc

W A TRIP TO NEW YORK

GRAND PRIZE INCLUDES: Roundtrip airfare, 3 nights

ENTER FOR YOUR metronews

No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age. Contest closes July 3, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca.

NY
 nycgo.

Whatever Works

a new comedy

IN THEATRES JUNE 26



The usual gang of prehistoric creatures go on a new adventure in *Ice Age: Dawn of the Dinosaurs*.

Ice Age sequel uninspired

Ice Age: Dawn of the Dinosaurs

Director: Carlos Saldanha, Mike Thurmeier

Stars: Ray Romano, Queen Latifah

Classification: PG

Rating: @@@½

STEVE GOW
for Metro Canada



The problem with Pixar (and thereby

Ice Age 3 screen times

• **Bayers Lake:** Wed-Thu 12:30-1:35-7:10-9:45; 3-D Wed-Thu 12:50-3:55-6:40-9:15
• **Park Lane:** Wed-Thu 12:30-3:6-30-9
• **Lower Sackville:** Wed-Thu 2:45-6:45-9:10
• **Dartmouth Crossing:** Wed-Thu 11:35-12:15-1:55-3:30-

4:25-7:25-9:30-10:10
• **Truro:** Wed-Thu 2:40-7:10-9:30
• **Bridgewater:** Wed-Thu 2:15-6:40-9
• Times are subject to change. Complete listings are also available at metronews.ca/movies

Dawn of the Dinosaurs is that the studio behind such clever hits as *Up* and *Wall-E* has ensured all other studio attempts at animated family-fare seem juvenile and artless — Fox's *Ice Age 3* included.

Sure, the return of mastodons Manny (Ray Romano), Ellie (Queen Latifah) and the rest of the prehistoric herd will appeal to many children (especially in 3-D), but beyond a mere 90-minute distraction, there's not much for the kids to take home.

Now expecting a child, Manny and Ellie discover that below the ice-covered surface lies a world where ferocious dinosaurs still roam.

When John Leguizamo-voiced Sid the sloth (who attempts to mother a trio of unhatched dinosaur eggs) is carted away by the real mom, the rest of the clan set out on a search and rescue mission.

Led by Buck the swash-buckling weasel, the group treks across dangerous jungles and the Chasm of Death (which is

so-named because "Big Smelly Crack ... just made everyone giggle").

If that made you giggle, perhaps this comedy will resonate since its high points are mostly highlighted by gags about plants barfing, dinosaur mucous and flatulence (as Buck states, "He who has gas travels at the back of the pack").

There's surely no denying the production values; the animation is vibrant and detailed.

Plus, the success of the franchise will guarantee a following; but this third journey is ordinary, uninspired and about as progressive as the ice age itself. In the film's own vernacular, that which is full of gas travels at the back of the pack.

• For *Ice Age: Dawn of the Dinosaurs* photos, a trailer and screen times, or to buy tickets, visit metronews.ca/movies.

IN NEW YORK CITY!

ights accommodation and 2 New York CityPasses

CHANCE TO WIN!
news.ca

NYC
com

Alto
www.alto.ca

metro

MAPLE
PICTURES

DVD picks

Stone of Destiny

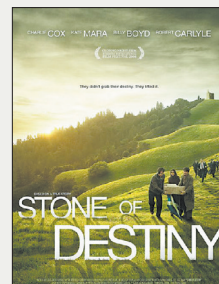
Director: Charles Martin Smith

BASED ON the true story of young Scots nationalists who broke into Westminster Abbey on Christmas Eve, 1950, to grab the hallowed Stone of Scone, deemed stolen by imperialistic Limeys.

Director Charles Martin Smith (*Air Bud*) brings energy and wit to this account of the incident, which is feather-light yet entertaining all the same.

In Glasgow winter of 1950, law student Ian Hamilton (Charlie Cox) decides Scotland's pride require a daring act of self-empowerment.

With a few pounds donated by leading Scots na-



tionalist John McCormick (Robert Carlyle), a borrowed car and a handful of co-conspirators that include the feisty Kay Matheson (Kate Mara) and the scrappy Bill Craig (Billy Boyd), the rock nabbers set their plan in motion.

Extras include a director's commentary and a making-of featurette.

Two Lovers

Director: James Gray

JOAQUIN PHOENIX'S accomplishment in James Gray's layered romance is a small marvel, a leap of faith by a fearless artist who understands how love can lead to madness, and vice-versa.

Phoenix is Leonard Kraditor, a bipolar sadsack who lives at home with his parents. Two beautiful women enter his erratic orbit. Sandra (Vinessa Shaw), the daughter of an old family friend, and Michelle (Gwyneth Paltrow), his Ecstasy-popping neighbour. Gray guides his strong cast to a resolution that is both surprising and entirely realistic.

PETER HOWELL/FOR METRO CANADA

Russell Crowe serenaded staff at a Welsh pub before leaving them a more than \$1,000 tip. The actor surprised locals when he took nine friends for a meal at the Carew Inn, near Tenby, last week. FEMALEFIRST.CO.UK



maps & more
The Travel Store

1601 Lower Water Street,
Halifax, NS B3J 3P6
Phone: (902) 422-7106
Open Mon to Sat 10.00 am to 6.00 pm

Visit our online store:
www.mapsandmore.ca
info@mapsandmore.ca

Tall ship Silva presents...

DAY CRUISER

Join our yacht club!

*We supply the boat. 7 days a week 3 times daily
Sit back, take in the view and chill to the crew's
amazing play list (hurray no commentary).
Fully licensed bar & snacks.*

**Purchase a DAY CRUISER
pass only \$35.00**
*For this one time fee you can set sail onboard
Halifax's only "Floating Patio" for unlimited
sailing all season long.*

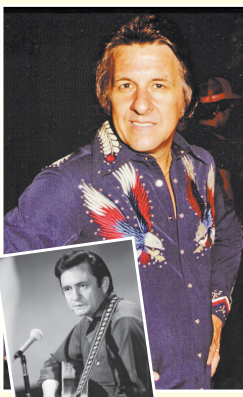
**Family DAY CRUISER
pass is \$99.00**
*Kids can join the interactive "junior sailor
program", parents can just relax.*

Call: 429-9463 / Email: info@tallshipsilva.com



TOMMY CASH

3 DAY OUTDOOR CONCERT



"TRIBUTE TO MY BROTHER"
JOHNNY CASH

JUNE 3RD & 4TH
JULY 5TH - OPEN MIKE

**WHISPERING WINDS
FAMILY CAMPGROUND**
EXIT 10 SHUBENACADIE

TICKETS AVAILABLE AT:
WhisperingWindsCampground.ca
Fraser's Wide Plank Flooring Inc: 1 877 973 7463
CD Heaven - Dartmouth Shopping Centre

OPENING FOR TOMMY CASH
FRASER NEWCOMBE & PICK OF THE CROP

ADDITIONAL ARTISTS

HAL BRUCE Beatles Tribute	MARK BOUTLIER BAND Bluegrass	RYAN COOK Country ECMA Winner 2008
PORTS & STARBOARD Newfoundland Band	TAYLOR MADE Band Mix	Sponsored by: 780 Kixx, CD Heaven, Blom Signs, Golden Star Take Out, Fraser's Wide Plank Flooring Inc.

Rockers Billy Talent eye success in Europe, U.S.

Most guitarists would be perturbed to discover that their label was issuing their band's latest album with a bonus CD of the songs stripped of the guitar.

But the guitarist with Canadian rock group Billy Talent looked at the bigger picture and realized the bonus disc — complete with chord chart — would allow bedroom dreamers raised on Guitar Hero to play along.

"I'm pretty sure no one has done it before," Ian D'Sa says. "When I was a kid I would have killed to be able to play along with the vocals, bass and drums on Led Zeppelin IV. I think this opens the boundaries between the band and our fans."

It shouldn't surprise anyone that amateur guitarists are fans of the band's mix of hard rock and punk. The act's latest album, Billy Talent III, produced by Brendan O'Brien (Bruce Springsteen, Pearl Jam), hits stores via Warner Music Canada July 14 in Canada, where the band is already an arena-size draw.

Billy Talent's primary markets are Canada and Germany. The band's two previous albums, Billy Talent I and Billy Talent II, sold 330,000 and 280,000 copies in Canada, respectively, according to Nielsen SoundScan. In Germany —



Billy Talent III will be released by Warner Music Canada on July 14.

"We need to superserve a lot of markets in Europe, but we can't take Canada and Germany for granted. In the U.K. I think we're one radio song away (from mainstream success)."

Steve Kane

where III will be released July 10 — the band's first two albums have shipped 460,000 copies, according to Warner.

Warner Music Canada president Steve Kane says the United Kingdom is a priority for the label, as part of an overall European strategy. There, sales stand at 48,000 for I and 61,000 for II, according to the Official Charts Co.; III will be released July 13.

"We need to superserve a lot of markets in Europe, but we can't take Canada and Germany for granted," he says. "In the U.K. I think we're one radio song away (from mainstream success)."

The band has had limited success in the United States despite significant touring commitments for its first two albums, which have sold 120,000 and 59,000 U.S. copies, according to Nielsen SoundScan. The band's manager Pierre Tremblay, senior VP at Network Music Group, says Billy Talent's reputation as a top live act should help it make inroads in the U.S. market, and then onward to Australia and New Zealand.

"This will take some patience," Tremblay adds. "Billy Talent isn't just some pop act that you can throw a lot of money at and land on radio." **REUTERS**

Sackville Patriot Days

June 25 – July 1

Exciting activities all week long:

- Fireworks Display
- Outdoor Concert
- Children's Events
- Dances
- A Parade and More!



www.PatriotDays.ca • FACEBOOK: Sackville Patriot Days

Emma Watson grows up

Emma Watson has left her schoolgirl image firmly behind in favour of a punky new look. The Harry Potter star appears on the cover of the latest Elle magazine looking like a sexy rock chick. METRO NEWS SERVICES



Goldberg to sing a new tune?

Dazed and Confused and Saving Private Ryan actor goes moody electro and dream pop

From Eddie Murphy to Zoëy Deschanel, actors trying their hand at a musical career is nothing new.

The latest to throw his hat into the ring is actor/filmmaker/producer Adam Goldberg, best-known for his roles in movies like *Dazed and Confused* and *Saving Private Ryan*. Under the name LANDy, Goldberg releases his debut, *Eros and Omissions*, June 23 through his own Apology Music label.

Although Goldberg has dabbled in the music world for years, the LANDy project started to take form when he hooked up with the Flaming Lips' Stephen Drozd, Earlimart's Aaron Espinoza and Los Angeles band the Black Pine. The result is 18 tracks of layered soundscapes that range from moody electro to subtle dream-pop.

Billboard caught up with

Goldberg to discuss the new effort, his acting and musical pursuits, and what's in store for Apology Music.

Q You're best known for your acting, why the transition to music?

A It was never any sort of conscious effort to make a transition. Going way back, I always wanted to make sounds — which I think of as an all-encompassing kind of art form — sounds, images and music and all these various things. I ended up making a living as an actor, and then anytime I felt like I needed to write, I would write music. I had no rock-star aspirations in any way; I felt like there might be people interested in listening.

Q How do you view yourself among actors-turned-musi-

EIGHT EXTRAORDINARY PERFORMANCES

ROYAL NOVA SCOTIA INTERNATIONAL TATTOO

JULY 1-8

HALIFAX METRO CENTRE

TICKETS (902) 451-1221

www.ticketatlantic.com

cians?

A I guess I wasn't aware of how much this was an issue until I started talking to people about it. There's going to be good music and there's going to be bad mu-

sic no matter who's doing it. I don't have any sort of overarching opinion about actors who make music. I get that there's a certain amount of skepticism about people involved in both. But I think if you're someone who genuinely

has something to communicate, you should be allowed to do it.

Q How did you connect with Stephen Drozd?

A The Flaming Lips were in town rehearsing with Beck, and right about that time I was in preproduction for my movie *I Love Your Work*. I wanted to meet them and see if they were interested in doing the music. I went to the show at the Knitting Factory and heard backstage that Stephen wanted to meet me. Apparently he kept a running list of his top 10 man crushes. At the time I believe Thom Yorke was No. 1, and I believe I actually made it to No. 2. We sort of quickly developed a romance.

Q The album is divided into a Side A and a Side B, why did you do that?

A I always sort of viewed it as some kind of narrative. It's not in any chronological order. It's a somewhat arbitrary position of cohesion. Plus I couldn't really bear to look at 18 tracks just listed in a row. There's something a little bit ugly about that.

Q As an actor, you're known for your comedic characters, but on the album, there's a darker tone. Was that deliberate?

A As an actor, I'm hired to do what I'm hired to do. And then what I've done on my own, whether it's a filmmaker or a music person, it's just been who I am. It's an expression of my moods. The things that drive me to write or make music are certain moods, those are the only times I feel creative.

REUTERS

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
6/30/09	31	31	31	ABC	News (N)	ABC Wild News	Inside Edition	Chronicle	The Superstars (N)		Better Off Ted	Primetime
	7	7	7	ASN	The Road to Avonlea	Instant Star	TIMZ (N)	22 Minutes	America's Got Talent	America's Got Talent (N)	Cupid	
	11	11	11	CBC	Coronation St.	Jeopardy! (N)	Rick Mercer	22 Minutes	Being Erica (DVS)	CBC News: The National	The Hour	
	2	2	2	CBC-F	Bons baisers de France (SC)	Des squelettes	Tout	NCIS "Caged" (HDTV)	Bons baisers de France (SC)	Bons baisers de France (SC)	Le Téléjournal	
	32	32	32	CBS	News (N)	Evening News	The Insider (N)	Entertainment	NCIS "Caged" (HDTV)	The Mentalist (HDTV)	48 Hr. Mystery	
	69	69	69	CFTM	TVA 18 heures	Sûreté-salé	Qui perd gagne (SC)	Fort Boyard (SC)	Nos étés (Partie 7 de 8) (SC)	TVA 22 heures	TVA 22 heures	
	6	6	6	CJCH	Entertainment	ET Canada	NCIS "Identity Crisis"	NCIS "Caged" (HDTV)	The Office	News (N)	News (N)	
	9	9	9	CJCH	Corner Gas	Hollywood	Canada's Next Top Model (N)	Law & Order: SVU	The Mentalist (HDTV)	News (N)	News (N)	
	10	10	10	ELTV	(6) EastLink Television			Podium TV	EastLink Television			
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	Legally Blonde ** (2001, Comedy)	Reese Witherspoon	Fox First	
primetime	12	12	12	CBC	News (N)	NBC News	Hollywood	Extra (N)	America's Got Talent	America's Got Talent (N)	Law/Ord SVU	
	29	29	29	NW	World News	Business	CBC News	Mansbridge	The Hour	CBC News: The National	Homo Toxicus	
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Greater Boston	La Plaza-Maria	Nova (HDTV) (N) (DVS)	Nova (HDTV) (N) (DVS)	Nova scienceNOW (N)	Stay Rich-Life	
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Worldfocus	Business Rpt.	Nova (HDTV) (N) (DVS)	Nova scienceNOW (N)	Nova scienceNOW (N)	Weapon-WW II	
	68	68	68	TQS	Rire et délire	Chemin du golf	Catherine (SC)	Criss Angel	Lipstick Jungle (SC)	Génération séduction	Piégé Zéze	
	23	23	23	BNN	Business News	Headline	Market Call	Commodities	Workopolis TV	Business News	Market Call	
	18	18	18	CNN	Situation Room-Wolf Blitzer	Lou Dobbs Tonight	Lessons	The Approach	Top 10	Top 10 (N)	Top 10	
	54	54	54	GOLF	Golf Central	Top 10	Ms. Fitness World '09	Cabby Unlimit	Score Update	Poker Challenge	Score Tonight	
	52	52	52	RSE	Sportsnet Connected	HSR	Pimp My Ride	Pass Time	Pimp My Ride	Pimp My Ride	Super Bikes!	
	55	55	55	SCOR	HSR	Unique Whips	Off the Record	SportsCentre	MLB Baseball Tampa Bay Rays at Toronto Blue Jays. From Rogers Centre in Toronto.	Wizards-Place	Life Derek	
news	43	43	43	FAM	Zoe 101	Life Derek	Wizards-Place	Han, Montana	6TEEN	6TEEN	Futurama	
	44	44	44	TOON	Ben 10	Johnny Test	Jimmy Two	Total Drama	6TEEN	6TEEN	American Dad	
	26	26	26	TREE	Wonder Pets	Big & Small	Carly	Survive This (N)	The First 48 (HDTV)	Wings-Canada	Tears	
	27	27	27	YTV	iCarly	Survive This (N)	The First 48 (HDTV)	Wings-Canada	Tears	Chiefs-Champ	Cashing In	
	16	16	16	A&E	The First 48 (HDTV)	Wings-Canada	Tears	Chiefs-Champ	Cashing In	Fish Out	New Canoe	
	70	70	70	APTN	News (N)	Wings-Canada	Tears	Chiefs-Champ	Cashing In	Fish Out	New Canoe	
	50	50	50	BET	106 & Park: BET's Top 10 Live	BET Awards '09	Montreal Jazz Festival	Live at the Rehearsal Hall	Home Improve.	Reba	Reba	
	37	37	37	BRVO	Street Legal	Montreal Jazz Festival	Live at the Rehearsal Hall	Home Improve.	Reba	Reba	Reba	
	25	25	25	CMT	Cross Canada Countdown	Laughs	Comedy Now	Air Force	Just for Laughs	World's Wildest Police Videos	Daily Planet	
	49	49	49	COM	Laughs	Comedy Now	Air Force	Just for Laughs	World's Wildest Police Videos	Daily Planet	Daily Planet	
family	153	153	153	COM	Killer Next Door	Destroyed	Destroyed	Destroyed	Destroyed	Destroyed	Destroyed	
	38	38	38	DISC	Destroyed	Destroyed	Destroyed	Destroyed	Destroyed	Destroyed	Destroyed	
	34	34	34	HGTV	Holmes on Homes	Tanker Time Bomb	Greek "Freshman Daze"	One Tree Hill	Ranked!	Instant Star	Greek "Freshman Daze"	
	46	46	46	HIST	Tanker Time Bomb	Greek "Freshman Daze"	One Tree Hill	Ranked!	Instant Star	Greek "Freshman Daze"	Video on Trial	
	17	17	17	MM	Greek "Freshman Daze"	One Tree Hill	Ranked!	Instant Star	Greek "Freshman Daze"	Video on Trial	Entourage	
	19	19	19	MM	mmtop10.ca	The Daily Fix	(8:15) The Invasion ** (2007, Science Fiction)	Bounty Hunter	Bounty Hunter	Home Videos	Home Videos	
	201	201	201	M1	In Search of a Midnight Kiss	The Amazing Race 4	Friends	MLB Baseball Philadelphia Phillies at Atlanta Braves. From Turner Field in Atlanta.	(8:15) The Final Cut ** (1995, Suspense) Sam Elliott.	Swingers *** (1996, Comedy)	Le Téléjournal (SC)	
	206	206	206	PIX	(6:10) A Bronx Tale	24 Heures en 60 minutes	The Outer Limits	Paikiller Jane	Rich Bride, Poor Bride	Rich Poor	Watchmen	
	67	67	67	RDI	RDI en direct	RDI en direct	24 Heures en 60 minutes	The Outer Limits	Paikiller Jane	Rich Bride, Poor Bride	Rich Poor	
	39	39	39	SHOW	Trailer Park	Skin Deep	Stargate Atlantis (DVS)	Star Trek: Voyager	Clones ** (2002, Science Fiction) Ewan McGregor.	The Ellen DeGeneres Show	Say Yes-Dress	
cable variety	51	51	51	PEACH	Seinfeld	Friends	MLB Baseball Philadelphia Phillies at Atlanta Braves. From Turner Field in Atlanta.	(8:15) The Final Cut ** (1995, Suspense) Sam Elliott.	Swingers *** (1996, Comedy)	Le Téléjournal (SC)	RDI en direct	
	206	206	206	PIX	(6:10) A Bronx Tale	24 Heures en 60 minutes	The Outer Limits	Paikiller Jane	Rich Bride, Poor Bride	Rich Poor	Watchmen	
	67	67	67	RDI	RDI en direct	RDI en direct	24 Heures en 60 minutes	The Outer Limits	Paikiller Jane	Rich Bride, Poor Bride	Rich Poor	
	39	39	39	SHOW	Trailer Park	Skin Deep	Stargate Atlantis (DVS)	Star Trek: Voyager	Clones ** (2002, Science Fiction) Ewan McGregor.	The Ellen DeGeneres Show	Say Yes-Dress	
	40	40	40	SLICE	So Chic	Skin Deep	Stargate Atlantis (DVS)	Star Trek: Voyager	Clones ** (2002, Science Fiction) Ewan McGregor.	The Ellen DeGeneres Show	Say Yes-Dress	
	47	47	47	SPACE	Stargate SG-1 (DVS)	Star Wars: Episode II - Attack of the Clones ** (2002, Science Fiction) Ewan McGregor.	The Ellen DeGeneres Show	Say Yes-Dress	Cake Boss	Power Play "Evasion"	Survive	
	14	14	14	SPIKE	Star Wars: Episode II - Attack of the Clones ** (2002, Science Fiction) Ewan McGregor.	The Ellen DeGeneres Show	Say Yes-Dress	Cake Boss	Power Play "Evasion"	Survive	Survive	
	57	57	57	STAR	Living the Life	Hollywood	The Ellen DeGeneres Show	Say Yes-Dress	Cake Boss	Power Play "Evasion"	Survive	
	21	21	21	TLC	What Not to Wear	North of 60	Que-champion	Journal de F2	Doc "Man's Best Friend"	Da Vinci's Inquest	Style by Jury	
	56	56	56	TROP	North of 60	Que-champion	Journal de F2	Doc "Man's Best Friend"	Da Vinci's Inquest	Style by Jury	Be-Millionaire	
cable variety	20	20	20	TV5	Que-champion	Journal de F2	Doc "Man's Best Friend"	Da Vinci's Inquest	Style by Jury	Be-Millionaire	Evening News	
	28	28	28	V	Doc "Man's Best Friend"	Da Vinci's Inquest	Style by Jury	Be-Millionaire	Evening News	Two/Half Men	Family Guy	
	60	60	60	W	Style by Jury	Be-Millionaire	Evening News	Two/Half Men	Family Guy	90210 (HDTV)	Hitched or Ditched (N)	
	251	251	251	WGN	Evening News	Two/Half Men	Family Guy	90210 (HDTV)	Hitched or Ditched (N)	WGN News		

critics' corner

Being Erica

Erica (Erin Karpluk) has a university education, but she can't seem to get anything resembling a career off the ground. Maybe she needed to make some better contacts in school. To test that theory, she time-travels back to her university days to join an exclusive secret society in hopes of getting a better start. Michael Riley also stars in "What I Am Is What I Am." 9 PM on CBC



Swingers

A stand-up comic (Jon Favreau) from New York heads to Hollywood to make it big after getting the brushoff from his girlfriend. While he pines for his former lover, his hip-thinking friends attempt to help him find romance by taking him to trendy nightclubs in Los Angeles and Las Vegas. This 1996 comedy also stars Vince Vaughn, Ron Livingston and Heather Graham. 2:30 PM on PIX

The Mentalist

When a high-school girl's body washes up on the beach, CBI investigator Patrick Jane (Simon Baker) sets a trap to get a group of surfers to turn on one another and reveal what really happened in "Red Tide." You might say they go from "hanging 10" to hanging themselves. 10 PM on CBS. CJCH

Weekdays @ 9pm

101.3 THE BOUNCE

Interactive NINE@9

For June 29th

- Lola - High Heels
- Sean Kingston - Fire Burnin'
- Flo Rida Ft. Nelly Furtado - Jump
- Marianas Trench - All To Myself
- Jonas Brothers - Paranoid
- Lady Gaga - Paparazzi
- Jeremih - Birthday Sex
- 3OH!3 - Don't Trust Me
- Black Eyed Peas - I Gotta Feeling

WE WANT YOU!

You could guest host the Interactive NINE@9 with Special Ed.
Email: special@1013thebounce.com

1013 THEBOUNCE.com

Ugly Betty star Ana Ortiz and her husband, musician Noah Lebenzon, have welcomed their first child, a daughter, on Saturday, People reports. Paloma Louise Lebenzon was born at 4:25 p.m. in New York City and weighed 7 lbs., 10 oz. **METRO NEWS SERVICES**

Celebrity Buzz

LiLo gets party started early

BIRTHDAY GIRL Lindsay Lohan hit Vegas this weekend to launch her new line of tanning products, Sevin Nine, and used the opportunity to turn the event into an impromptu early birthday celebration — even though her big day isn't until next month.

The actress indulged in poolside fun, decadent chocolate cake and five wardrobe changes, according to spies for the Daily Mail. Lohan was back in L.A. by Sunday evening, when she headed out to dinner with

on-again, off-again girlfriend Samantha Ronson.

METRO WORLD NEWS

Vanessa bounces back with Topher

ON THE REBOUND Vanessa Minnillo seems to already be moving on from Nick Lachey. She was spotted getting quite friendly with That '70s Show star Topher Grace on the dance floor at a Los Angeles party hosted by Family Guy creator Seth MacFarlane, according to Radar Online.

After a few increasingly intimate dance numbers, the pair reportedly started making out right there on the floor for everyone to see, then later left the party together.

METRO WORLD NEWS



GETTY IMAGES

Without Shia, Transformers nothing?

A TRUE MOVIE STAR Michael Bay almost cancelled Transformers: Revenge of the Fallen when Shia LaBeouf was injured, female-first.co.uk reports.

The director says production managers considered scrapping the action film when the lead actor injured his

hand in a car accident midway through filming and admits they were "lucky" to complete it.

He said: "I actually read it on CNN online and was like, 'This can't be true.' I called my line producer, Ian Bryce, and he said, 'It's true,' and I was like, 'Oh, my God.'"

He said, 'Let's shut down,' and I said, 'We can't shut down!'

"We were very lucky because we had shot a lot of the beginning of the movie and we were right at a turning point."

LaBeouf recently revealed he will never regain full use of his hand following the crash in July last year.

METRO NEWS SERVICES

Hollywood salary, teen allowance

DOWN TO EARTH My Sister's Keeper star Abigail Breslin just got a raise, people.com reports. The Oscar-nominated actress rakes in an estimated \$2 million US per movie these days, yet, her allowance only went up by \$1 in April.

"I get \$13 (a week) now, because I'm 13," she said.

Breslin, who has been in show business since she was five, ranked eighth in

Forbes magazine's list of Young Hollywood's Top-Earning Stars, in 2007 after pulling in \$1.5 million in 2006. At home, she's earned her age the past couple years, and, with her most-re-

cent pay raise comes more responsibility.

"My chores have gotten a little heavier," she said. "My brother used to always to feed the cat and now I feed the cat, which isn't a big deal, but it kind of is, because my cat eats tons. It's like an all-day long cycle."

METRO NEWS SERVICES

I'm just like Harry, Daniel says

ART BECOMES LIFE Daniel Radcliffe doesn't act when playing Harry Potter, femalefirst.co.uk reports.

The 19-year-old British actor says his abilities were undeveloped when he first took on the role of the boy wizard in Harry Potter and the Philosopher's Stone and he felt fans wouldn't like it if he changed his approach in later movies.

He said: "When I started

out at the age of 10 or 11, I was essentially saying the lines as I myself would say them.

When I became aware that that's what I was doing, at 13 or 14, it didn't make sense to change, because it would suddenly be a dramatic

shift in the character."

Radcliffe admits he is very much like his famous character — created in the best-selling children's book series by J. K. Rowling — and even his mother has noticed the similarities.

He told Parade magazine: "When she read the sixth book she noticed that Harry argues in the kind of irritating, pedantic way that I argue. She thought Harry and I were getting closer and closer together at that point."

METRO NEWS SERVICES

Britney turns over new leaf?

STARTING OVER Britney Spears is a brunette, us-magazine.com reports. The singer, 27, showed off the darker do over the weekend while shopping with boyfriend (and agent) Jason Trawick in Santa Monica, Calif. They stocked up on brooms and picture frames.

Last week, a

source close to the singer shot down reports that the two are engaged. Still, another source told us-

magazine.com that Trawick, 27, has had "a calming effect over Britney." Said a third source: "He is incredible with the kids. He absolutely adores them."

METRO NEWS SERVICES

Josh's new role: Cover boy

STRIKE A POSE Josh Duhamel claims even his friends were skeptical when he told them he was going to be on the cover of Men's Health, people.com reports. "You're going to be on the cover of Men's Health?" he recalled them saying.

In fact, Duhamel, 36, tells the fitness magazine that he wants to be remembered for his talent, not just his rugged good looks.

And he laughs off those

widely seen nude photos taken of him by photographer Greg Gorman in 2000. "To me, it's funny at this point. Whatever. It's done," he said. "It was very cold in the studio, by the way."

The actor also talked up married life with Fergie of the Black Eyed Peas — even if it means having to constantly dodge the prying press. "We try to stay away from the places where the paparazzi hang out. Still, they're outside the house every morning."

METRO NEWS SERVICES

Joke's on Leo after prank

THE LAST LAUGH Leonardo DiCaprio was the target of revenge by some fans who felt he'd snubbed them on a recent trip to Japan.

While visiting a temple in Kyoto, a pair of American tourists reportedly asked the star for a picture, but he declined, pointing to a sign prohibit-

ing photography, according to Page Six.

Feeling slighted, the fans waited until DiCaprio removed his sneakers to enter the temple, then made off with his footwear.

"They just ran off with them," a source said. "The poor guy had to leave the place barefoot."

METRO WORLD NEWS

MICHAEL

Tis' the season to visit our shops, galleries, restaurants & museums. You'll enjoy the best seat in town, as Duke and I make our rounds.

Motorcycles are okay, but I get better mileage per bale of hay. Lunenburg is the perfect place to unwind from the big city grind.

TROT IN TIME

www.trotintime.ca

Come see us in Lunenburg
Only an hour from Halifax!

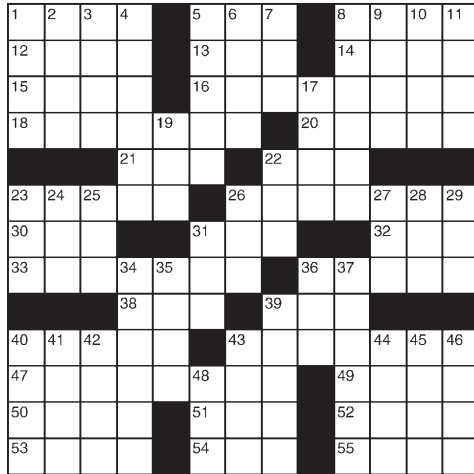
902.634.8917

DUKE

Open daily until sunset



For more delicious Metro recipes, visit: metronews.ca/food



Crossword across

- 1 Guitars' kin
- 5 Conclude
- 8 Audio equipment brand
- 12 Punjabi believer
- 13 Old French coin
- 14 Maleficence
- 15 Basin accessory
- 16 Pavement
- 18 Motorcycle attachment
- 20 Irritates
- 21 Distort
- 22 Distant
- 23 Laurel's partner
- 26 Courtroom conference
- 30 Xanadu band
- 31 Monkey suit
- 32 SNL alumna Gasteyer
- 33 Swing band musician
- 36 Fop
- 38 19
- 39 Playground pastime
- 40 Conspiracy theories
- 43 Gun of a sort
- 47 Duck
- 49 Hodgepodge
- 50 Epidermis
- 51 Owns
- 52 Trademark symbol
- 53 Camper's shelter
- 54 TV Tarzan Ron
- 55 College VIP

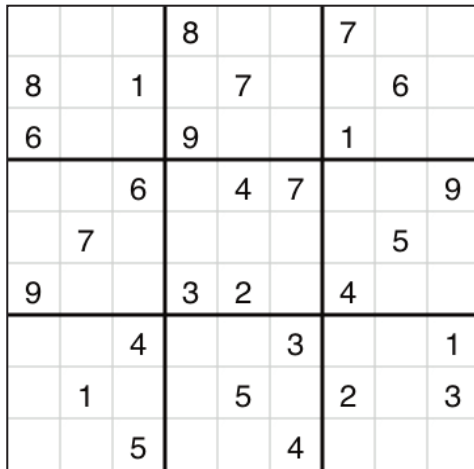
Crossword down

- 1 Employs
- 2 New Zealand bird
- 3 Supplemented, with "out"
- 4 Crafty
- 5 English composition
- 6 Bleak, as film
- 7 Flop
- 8 Caveat word
- 9 Elliptical
- 10 Ledge
- 11 BPOE members
- 17 "Zounds!"
- 19 Weep
- 22 Repair
- 23 Cock and bull?
- 24 Foreman competitor
- 25 Sceptre
- 26 Sky sight
- 27 Proscribe
- 28 Moreover
- 29 Shaft from 26-Down
- 31 April 15 payment
- 34 Range
- 35 Fail to hit
- 36 Mid-june honoree
- 37 Ancient
- 39 In one's cups
- 40 "Hey, you!"
- 41 Similar to
- 42 Valhalla bigwig
- 43 Close up tight
- 44 Lotion additive
- 45 Latvia's capital
- 46 Armstrong's destination
- 48 Definite article

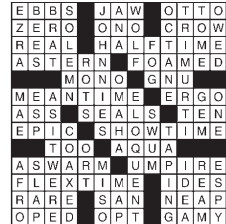
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



1	8	4	7	2	6	5	9	3
9	5	7	1	3	8	2	4	6
6	3	2	4	9	5	1	7	8
5	2	9	3	6	7	8	1	4
8	4	3	5	1	2	9	6	7
7	1	6	8	4	9	3	5	2
4	7	8	9	5	3	6	2	1
3	6	5	2	7	1	4	8	9
2	9	1	6	8	4	7	3	5

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

- Under 13 minGenius
13-17 minScholar
17-21 minSmart
21-25 minNot bad
25+ minKeep practising

Metro Recipe of the Day



Spicy Chicken Soup

INGREDIENTS:

- 2 tbsp (25 ml) canola oil
- 2 onions, finely chopped
- 2 large garlic cloves, crushed
- 1 tsp (5 ml) ground coriander
- 1 tsp (5 ml) ground cumin
- 1/4 tsp (1 ml) cayenne pepper
- 1/4 tsp (1 ml) ground cloves
- 1/4 tsp (1 ml) ground ginger
- 1/4 tsp (1 ml) ground turmeric
- 4 cups (1 l) diluted chicken or vegetable stock
- 14 oz (396 ml) can chopped tomatoes
- 1 lb (500 g) skinless chicken breast fillets, cut into 1/4-in. (0.5-cm) strips
- 1/2 lb (250 g) green beans, trimmed and chopped
- 400 g can chickpeas, drained and rinsed
- 2 tbsp (25 ml) chopped fresh coriander
- 1/3 cup (75 ml) low-fat yogurt
- pinch of cayenne pepper
- 12 sprigs of fresh coriander

METHOD:

1. Heat oil in large, heavy-based pot or flameproof casserole dish over medium heat. Add onions and fry for 3 minutes, stirring. Add garlic and continue stirring 2 minutes longer until onions are softened, but not brown.

2. Reduce heat slightly and stir in spices. Continue stirring over gentle heat so spices release their aroma. Take care not to let mixture burn.
3. Stir in stock and tomatoes with their juice, increase heat and bring to boil. Then reduce heat to gentle simmer.
4. Add chicken, beans and chickpeas to pot, bring back to boil, then reduce heat, cover and leave soup to cook gently 10 minutes until chicken is cooked through and beans are just tender. Taste one bean to test if it is cooked and cut piece of chicken in half to make sure it is no longer pink in centre. Stir in chopped coriander and season.
5. Ladle soup into individual bowls, then add dollop of yogurt to each serving, sprinkle with cayenne pepper and garnish with coriander. Serve with chapattis or nan bread.

SERVES 4

rd.ca



Horoscopes by Sally Brompton

sallybrompton.com

ARIES

MARCH 21-APRIL 20

Make sure you get your message across today, both at home and at work. If you make the effort you will quite easily find the words to win over others.

LIBRA

SEPT 23-OCT 23

Your powers of persuasion are strong currently and both family and financial matters will go well if you let others know what you expect of them.

TAURUS

APRIL 21-MAY 21

All things are possible if you believe they are possible, so stop looking for reasons why your plans could go wrong and focus on why they will go right.

SCORPIO

OCT 24-NOV 22

Don't be afraid to speak up if a loved one is making a mistake of some kind. You'd never forgive yourself if they suffered because you stayed silent.

GEMINI

MAY 22-JUNE 21

You don't have to be sociable or put in more work hours than strictly required. If you'd prefer to be by yourself today by all means do so.

SAGITTARIUS

NOV 23-DEC 21

It's not like you to focus on the little things that could go wrong rather than the big things that will go right, so why are you doing it now? Snap out of it.

CANCER

JUNE 22-JULY 22

Group activities of all kinds are under good stars; you'll have plenty to show for your efforts by day's end. Team tasks will go easier if you seize the initiative.

CAPRICORN

DEC 22-JAN 20

You're getting all sorts of offers from all sorts of directions, but you seem reluctant to commit. If you're waiting for a perfect offer, don't wait forever.

LEO

JULY 23-AUG 23

Who said Leos have fixed ideas? Clearly they don't know what they are talking about and you will prove it today as you think in new directions.

AQUARIUS

JAN 21-FEB 18

If you see or hear something to your advantage today, act on it quickly. Don't waste time wondering what it means to other people. It's OK to be selfish.

VIRGO

AUG 24-SEPT 22

You may not want to hurt a close friend's feelings, but say what needs to be said then offer a shoulder to cry on. They'll thank you for it one day.

PISCES

FEB 19-MARCH 20

Someone will try to blame you for a mistake that was mainly, if not wholly, down to them today. Don't let them get away with it.

WORDY GURDY®

- BY TRICKY RICKY KANE
- Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.
1. Slugged an Addams Family cousin (1)
 2. "Shoo, America's symbolic Uncle!" (1)
 3. Iliad city's sneaky tactics (1)
 4. Actor Travolta's third-place medal (1)
 5. Outstanding word bee competitor (2)
 6. Curly French dog noggin, slangily (2)
 7. Field goal attempter's decals or burrs (2)
 8. STELLAR SPELLEER 9. FOODLE NOODLE 7. KICKERS STICKERS
 1. HITT 2. SCRAM SAM 3. TROYS PLOYS 4. JOHNS BRONZE
- © 2009 United Feature Syndicate, Inc.



DRAMA. SUSPENSE. COMEDY.

Visit metronews.ca to watch **metrotube** of the day

The video everyone's talking about.

(800) 711-2525

FLIGHT CENTRE Unbeatable

ROME 6 NIGHTS

\$960

+ taxes & fees \$366

INCLUDES roundtrip airfare, transfers and 6 nights 3-star central accom with breakfast daily.

1 866 967 5402 | flightcentre.ca

Conditions apply. Ex. Halifax. Package prices are per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, HST and fuel supplements and are approximate and subject to change.

AIR CANADA VACATIONS

Your **TIME** is **NOW**

DEALS to EUROPE

London

Barkston Gardens • 3 1/2 ★
Breakfast
Standard rm.
Aug. 12, 19, 23 & 31 • 1 wk.

\$849
Taxes & fees: \$400

Rome via Toronto

Hotel Executive • 3 ★
Breakfast
Standard rm.
Aug. 6 & 20 • 1 wk.

\$1099
Taxes & fees: \$377

DEALS to the SUN

Cancun/Riviera Maya via Toronto
Occidental Grand Xcaret • 4 1/2 ★
All-Inclusive
Supersaver deluxe rm.¹
Sept. 6-13 • 1 wk.

\$779
Taxes & fees: \$279

Samana via Toronto

Gran Bahia Principe El Portillo • 4 1/2 ★
All-Inclusive • Standard rm.
Aug. 2-23 • 1 wk.

\$739
Taxes & fees: \$325

Punta Cana via Toronto

Occidental Grand Punta Cana • 4 ★
All-Inclusive • Junior suite
July 10-31 • 1 wk.
Upgrade to the Royal Club luxury room for only \$229 per person

\$899
Taxes & fees: \$325
Based on Fri. departures.

Cayo Coco/Cayo Guillermo

via Toronto
NH Krystal Laguna Villas & Resort • 4 ★
All-Inclusive • Club laguna rm.
Aug. 1-22 • 1 wk.
FREE upgrade to suite

\$1099
Taxes & fees: \$233

Liberia, Costa Rica via Toronto

Occidental Grand Papagayo • 4 1/2 ★
All-Inclusive • Deluxe rm.
July 4 & 11 • 1 wk.
FREE upgrade to Deluxe oceanview room (subject to availability)

\$1139
Taxes & fees: \$211

Jamaica via Toronto

Grand Lido Braco Resort & Spa • 4 1/2 ★
All-Inclusive
Royal garden view rm.
Aug. 4-16 • 1 wk.

\$1539
Taxes & fees: \$278
Please add \$50 for Sat. & Sun. departures.

Barbados via Toronto

Almond Casuarina Beach Resort • 4 ★
All-Inclusive
Standard rm.
July 21-Aug. 20 • 1 wk.
Barbados Freedom Package included

\$1839
Taxes & fees: \$190
Based on Tues. & Thurs. departures.

DEALS on CRUISES

Royal Caribbean International² Enchantment of the Seas®

Western Caribbean
Flights to Fort Lauderdale via Toronto
All meals included
Oceanview stateroom, cat. I
Aug. 8 & 22 • 5 nts.

\$1059
Taxes & fees: \$225

Liberty of the Seas®

Eastern Caribbean • Flights to Miami via Toronto
All meals included
Interior stateroom, cat. N
Sept. 12 & 26 • 1 wk.

\$1279
Taxes & fees: \$207

Earn up to 9,600 Aeroplan® Miles per member³

Executive Class® service from only \$299 extra³

aeroplan

aircanadavacations.com
Call 1 866 529-2079 or your travel agent

Departure taxes are extra and must be paid locally: Costa Rica, 26 USD cash; Cuba, 25 CUC cash. Prices in this ad are valid for bookings made between June 30 & July 4/09, inclusive. Prices are per person based on double occupancy, unless otherwise stated, from Halifax International Airport. New bookings only. Subject to availability. Not applicable to group bookings. Sale prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Flights operated by Air Canada. For applicable terms and conditions, consult the Air Canada Vacations brochures. ¹Aeroplan Miles are not actual miles, but points towards rewards including travel rewards. Unless otherwise indicated, Aeroplan Miles indicated are based on roundtrip Economy class per passenger from Halifax to Rome via Toronto, are awarded on flight-inclusive travel only, and are per Aeroplan member. For the amount of Aeroplan Miles that can be earned when flying to other destinations, visit www.aircanadavacations.com. For terms and conditions of the Aeroplan program, consult www.aeroplan.com. ²Xcaret park entrance not included with this room. ³Royal Caribbean International Ltd. ships' registry: The Bahamas. ⁴Available on select flights. Full details available at aircanadavacations.com/executiveclass. ⁵Aeroplan is a registered trademark of Aeroplan Canada Inc. ⁶Air Canada Vacations is a registered trademark of Air Canada, used under license by Tourism Limited Partnership. Visit www.aircanadavacations.com for up-to-date information.